

## Allergy and lung disease

### Asthma and lung

- ✓ **Notes:** Ways to Treat asthma RESPECTIVLY : 1-Short acting beta agonist as salbutamol 2-inhaled corticosteroid 3- long acting beta agonist 4- antiinterleukin 5- oral cs(oral corticosteroid) 6-omalizumab .
- ✓ **Note :** - B1 receptor exist in heart - B2 receptor exist in lung - alpha 1 receptor exist in Blood vessels ,  
Note: Aspirin also is contraindicated in asthma.
- ✓ **Beta 1 antagonist** should be used in caution with asthmatic patients>>> if there is no Beta 1 antagonist in choices the answer will be Beta 2 antagonist
- ✓ **Selective B1 blockers** can be used in asthma & nonselective beta blockers are contraindicated in asthma

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- ✓ **N.B:**1- **Acute asthma .... B2 agonist** "e.g.: Salbutamol"  
✓ (Short acting selective  $\beta$ 2 agonist: as Salbutamol, terbutaline, albuterol, pirbuterol)
- ✓ **2-Chronic asthma .... Corticosteroids (anti-inflammatory)** (Beclomethasone, prednisone, hydrocortisone)  
Inhibit Ag-Ab reaction, inhibit release of inflammatory mediator
- ✓ **3-moderate to severe asthma Omalizumab**

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- ✓ **N.B: Bronchodilators** are :
- ✓ **Mixed agonist** (( $\alpha$ 1 "blood vessels constriction",  $\beta$ 1 "stimulation of cardiac muscle" &  $\beta$ 2 "dilatation of lung smooth muscles" )) : e.g. **adrenaline "epinephrine"**
- ✓ .II- B2 Agonist: 1- **Non selective  $\beta$  agonist** ( $\beta$ 1,  $\beta$ 2) as: **isoprenaline**
  - 2- **Short acting selective  $\beta$ 2 agonist:** as Salbutamol, terbutaline, albuterol, pirbuterol
  - 3- **Long acting selective  $\beta$ 2 agonist:** as Salmeterol, formoterol
- ✓ **cholinergic antagonists:** e.g. ipratropium, tiotropium  
IV- **xanthenes:** e.g. theophylline.

13-drug used in moderate to severe asthma : **omalizumab**

482-B-blockers are contraindicated for hypertensive patient in case of **Asthma**

169- mechanism of using salbutamol inhaler **exhale , shake the inhaler , put it between your lips then breathe slowly**

20-A woman suffers from **acute asthma attack**, what is the best choice for her attack **salbutamol**

95-Mechanism of action: albuterol inhaler? **Bronchodilator Short acting selective  $\beta$ 2 agonist**

301- Which of the following beta-adrenergic agents is not short acting? **Salmeterol**

378-Side effect of albuterol **Tachycardia**

250- acetylcystiene is **mucoytic**

460- MOA of cromolyn ( cromolyn sodium) **mast cell stabilizers**

461- Treatment of patient with chronic wheezing and cough: **corticosteroid**

19-A **non-smoker patient** suffers from **wheezing and chest tightness**, what medication he should use? **corticosteroids**

--Terbutaline is used as ... >> Anti-Asthmatic

32-Respiratory acidosis is caused by **CO2 retention**

### Allergy and histamine blockers

76-zyrtec family is **h1blocker** (zyrtec (cetirizine))

295- mizolastine used as **non sedating – antihistaminic**

353- has 5-HT antagonist and H1 antihistamine effects **Cyproheptadine**

687-Cyproheptadine acts as: **Antihistamine**

448- Side effect of diphenhydramine **drowsiness**

## Analgesics and anti inflammatory

### Analgesics

- ✓ **Notes:** N.B. Dose for children of paracetamol: Four years old child should take 240 mg paracetamol per dose, repeated every four hours, Maximum: 5 doses daily>>>>> so, 5 x
- ✓ **N.B.** Dose for children of paracetamol: • Four years old child should take 240 mg paracetamol per dose, repeated every four hours, Maximum: 5 doses daily>>>>> so, 5 x 240mg= 1200 mg =1.2g choice: 1g (as age based dose)

- For.(age based dose): 10 to 15 mg/kg/dose every 4 to 6 hours as needed; do not exceed 5 doses in 24 hours; maximum daily dose: 75 mg/kg/day
  - ✓ Adult maximum dose of paracetamol: 4000mg = 4g
  - ✓ 240mg= 1200 mg =1.2g choice: 1g (as age based dose)  For (age based dose): 10 to 15 mg/kg/dose every 4 to 6 hours as needed; do not exceed 5 doses in 24 hours; maximum daily dose: 75 mg/kg/day
  - ✓ Adult maximum dose of paracetamol: 4000mg = 4g
  - ✓ --Nb :Dyslipidemia: A disorder of lipoprotein metabolism, including lipoprotein overproduction or deficiency.
  - ✓ indomethacin is potent anti inflamm. so more serious on GIT and kidneys
  - ✓ If there is piroxicam or ketorolac in choices choose them better
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- 
- ✓ N.B:
  - ✓ 1-The AGS recommends treatment with **opioids** for **OA** when **older patients** do not respond to initial therapy with acetaminophen.
  - ✓ 2-The NSAIDs and COX-2 inhibitors are seldom considered when a thorough assessment of the patient shows that the risk of treatment (gastrointestinal bleeding and renal disease) does not outweigh the potential benefit

### Non selective COX-II inhibitors:

39-with anti-inflammatory and analgesic : ibuprofen

176-a geriatric patient with osteoarthritis mild pain in hip . he has hypertension and coronary artery disease what is the best drug for pain paracetamol(acetaminophen)

467-Acetaminophen for a patient with osteoarthritis suffering from pain

105- W.F. is an 85-year-old man who presents to his physician with pain from hip OA (osteoarthritis) He also has **hypertension, coronary artery disease, and BPH**. For his OA, W.F. has been taking acetaminophen 650 mg 3 times/day. W.F. reports that acetaminophen helps, but he still experiences pain that limits his ability to walk. Which one of the following is the best next step in analgesic therapy for W.F.? . Add hydrocodone

**NB--3-Glucosamine** can be added to this patient's medication regimen; however, if effective, it will not provide immediate relief of pain.

308-for a 4 year old child, the maximum daily dose of paracetamol is 1 g

579-the recommended maximum adult daily dose of paracetamol 4000mg

205-acetyl salicylic acid used in : analgesic

225- Effect of aspirin decrease prostaglandin

414-Anti-inflammatory MOA decrease prostaglandin

385-the drug that most likely causes peptic ulcer indomethacin

### Selective COX-II Inhibitors

325- Concerning COX-2 inhibitor, which is not true ? combination with non-selective agents provide additional benefit

89-rofecoxib is selective cox2 inhibitor

377- Drug contraindicated with ischemic heart disease patient with dyslipidemia: celecoxib

104. A dyslipidemia patient has ischemic heart disease... Which of the following is **contraindicated** Celecoxib

425-The drug is most commonly used in the selective COX2 inhibitors: Celecoxib

684-Cardiotoxicity is caused by: Celecoxib

### Steroids

98-corticosteroids with lowest potency : hydrocortisone

342-most potent anti-inflammatory corticosteroid systemically is : dexamethasone

### Autonomic Nervous System (ANS)

#### Notes

- ✓ intrinsic sympathomimetic activity DRUGS : pin= pindolol , ox= oxprenolol,, ac=acebutolol
- ✓ Cardiac shock = Dopamine
- ✓ Anaphylactic shock= Epinephrine
- ✓ - Septic shock= 1.intravenous fluid (normal saline) first then 2.Dopamine .
- ✓ -Septic shock in this question (NO 183)with normal sodium level and renal failure (kidney injury)= Dopamine .
- ✓ -(dopamine will increase the force of contraction <<<its b1 agonist so work on heart in term of contraction)
- ✓ -Dopamine mechanism of action:

- Stimulates (both adrenergic and dopaminergic) receptors, lower doses are mainly dopaminergic stimulating and produce renal and mesenteric vasodilation,
  - higher doses also are both dopaminergic and beta1-adrenergic stimulating and produce cardiac stimulation (Inotropic) and renal vasodilation;
  - large doses stimulate alpha-adrenergic receptors
- ✓ N.B: Dopamine is a precursor to norepinephrine in noradrenergic nerves and is also a neurotransmitter in certain areas of the central nervous system
  - ✓ --Clonidine: it inhibits the release of norepinephrine (noradrenaline) in a form of negative feedback
  - ✓ --Betaxolol selective Beta-1 blocker •Timolol is non selective Beta blocker
  - ✓ -All the following side effects of atropine: urine retention, constipation, blurred vision, dyspnea
  - ✓ ---1-β<sub>1</sub> works on heart as Agonist-----strengthens the action of heart
  - ✓ 2-B<sub>2</sub>: Agonist works on lung----- Dilate lung for asthmatic.patient
  - ✓ --N.B: Bph (benign prostatic hyperplasia (enlarged prostate) Terazosin is alpha-adrenergic blockers so it relaxes arteries so that blood can more easily pass through them. It also relaxes the muscles in the prostate and bladder neck, making it easier to urinate.
  - ✓ ---Phenylephrine mechanism: Potent, direct-acting alpha-adrenergic agonist with virtually no beta-adrenergic activity; produces systemic arterial vasoconstriction.
  - ✓ --Reserpine mechanism: deplete catecholamines from sympathetic nerve endings
  - ✓ (alpha 2 agonist as: Methyl dopa & clonidine)
  - ✓ -Phentolamine(Rogitine).nonselective-alpha-adrenergic .antagonist
  - ✓ ABC = Airway, Breathing & Circulation
- 
- ✓ N.B: - severe septic shock, we recommend intravenous fluids firstly ... then 1. Norepinephrine
  - ✓ 2.dopamin (is the DOC in case of septic shock + kidney injury)
  - ✓ 3.Epinephrine (adrenaline)
  - ✓ N.B:1-Tamsulosin is an α-adrenergic blocker with more specific activity for the **genitourinary system.**

### Sympathomimetics

- 300-Which of the following action is not seen with sympathomimetics Pupil constriction
- 65-which of the following used in treatment of anaphylactic shock epinephrine ( used as broncho dilator)
- 140- To increase duration of lidocaine in anasethia epinephrine
- 328-Which of the following side effects is associated with the use of norepinephrine: Ischemic damage due to vasoconstriction and tissue hypoxia.
- 215-phenylephrine used in decongestion
- 348-Phenylephrine: a- used in nasal decongestant b-in high doses stimulate b adrenergic receptor e- both a and b
- 654- Phenylephrine act on .. alpha agonist
- 621- When taking MAOIs avoid food containing – tyramine
- 28- tyramine when taken with MAOIs(monoamine oxidase inhibitor) cause severe crisis of hypertension
- 157- amphetamine pharmacological action: indirect acting adrenergic agonist.
- 329- the pharmacological property of amphetamine is: Causes release of stored norepinephrine.
- 354- Dobutamine is used as: In cardiac surgery
- 615-MOA of :(Isoprenaline) Non selective β stimulant
- 154- Dopamine is used in cardiac shock as:- Increase .force of contraction
- 183-septic shock patient with normal sodium value with high potassium and creatine the treatment is : dopamine
- 566-Dopamine is used in cardiac shock as ..-- .selective dilate renal and mesenteric(vasodilation) -
- 567-Dopamine is used in cardiac shock as:- Increase .force of contraction
- 599-Dopamine causes: elevate blood pressure
- 439- Mechanism of action of Dopamine : Dopamine b1agonist
- 536- Patient has septic shock and his BP 70/40 mmHg , a slight increase in K level and Na within normal range which drug should be treated withsaline
- 77-A girl with DM type 1 taking insulin... she didn't take insulin yesterday as she didn't eat... She becomes fatigue and has dizziness and nausea her BP 80/50 with NO lactic acidosis ... What should be done for her? half litre 0.9% NaCl every 12 h.
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- 89-A girl 16 year has **DM type 1** and she takes insulin in specific medical schedule She take **pioglitazone with insulin** according to instructions of her doctor from 2 months ago ... She complain nausea and vomiting from two days as she escaped from the schedule... she made Lab tests and you have shown her results in details :

Heart rate 110 , Blood pressure 80/50

Initially you give her.. ?? 0.9 normal saline in 500 ml solution

52- A woman with septic shock... Came to emergency who take ABC , HR = 122 , BP = 90/70 mmHg , Serum creatinine = 6 , Na & Cl... **Very high** than normal range and high pulse . what should she take? -albumine 5% bolus

363- Clonidine MOA in treatment of Hypertension: Alpha2 Against decrease sympath outflow

678- drug alpha 2 agonist cause decrease hypertenstion

85-clonidine and methyldopa are alpha 2 agonists

338- Which one of the following cause hypertensive crisis if withdrawn suddenly Clonidine

### Sympatholytics

#### -Alpha-blockers:

33- the main side effect of alpha antagonist (blocker) as prazosin is Postural hypotension (orthostatic hypotension)

108-prazosin is post synaptic alpha1 blocker

268-syncop may occur with the 1st dose of the following prazosin

330- Which of the following statements describing first dose phenomenon that associated with prazosin is true? . A marked postural hypotension 30 to 90 minutes following the initial dose of prazosin.

553- mechanism of action of domperidone & doxazosin Domperidone has peripheral dopamine receptor blocking properties (dopamine antagonist) and does not readily cross the blood-brain barrier. Doxazosin Competitively inhibits postsynaptic alpha1-adrenergic receptors.

616- A drug Treats Bph by relaxation of bladder neck? Terazosin

209-phenolamine mechanism of action alpha antagonist

282-one of following is not alpha 2 agonist : Guanethidine

292- guanethidin SE are all a-prevent ejaculation b-orthostatic hypotension c- diarrhea

102- A.W. is an **85-year-old** man who presents to his physician with LUTS. A digital rectal examination confirms the diagnosis of **BPH**, and the physician schedules a further workup including a prostate ultrasound, which **indicates his prostate volume is 31 g**. A.W.'s score on the AUASI is 15. His **BP is 118/70 sitting, 102/62 standing**. Which one of the following therapies is best at this time? Tamsulosin

----- 2-A.W. already has **orthostatic**, tamsulosin would be preferred over terazosin for this patient.

Orthostatic hypotension can still occur with all  $\alpha$ -adrenergic blockers, so patients should be monitored when therapy is initiated.

3- **Finasteride**, an  $\alpha$ -reductase inhibitor, and combination therapy with these agents are recommended when there is evidence of large prostate size (**greater than 40gm**).

#### -Beta-blockers:

84-medication cause long Qr and bradycardia: propranolol

393-Overdose of the following lead to prolongation of Qr and bradycardia propranolol

523- Drug used in treatment for Hypertension and migraine : clonidine or propranolol

133- which of the following decrease heart rate ? metoprolol (beta1 blocker)

62-atenolol is selective beta 1 blocker

73- beta blocker with intrinsic sympathomimetic activity : pindolol and acebutalol

156-- which of these have interinsic sympathomemtics effect: pindolol

614-MOA of Labetalol = is a selective alpha-1 and non-selective beta adrenergic blocker used to treat high blood pressure. It works by blocking these adrenergic receptors cardiac output.

563-selective beta blocker for treatment glucoma: Betaxolo

### Para- sympathomimetics

104-treatment of myasthenia gravis by neostigmine or pyridostigmine

544- mechanism of action of bethancol selective muscarinic against

### Para- sympatholytics

35-anti cholinergic cause constipation

458-Atropine is Muscarinic antagonist

539-Side effect of atropine-urine retention

356- All of these are antichlonergic except: Mebeverine

554- BPH is worsen by anticholinergic drugs

9- 75-year-old woman reports **urinary urgency**, frequency, and loss of urine when she cannot make it to the bathroom in time. She also wears a pad at night that she changes 2 or 3 times because of incontinence. Her medical

history is significant for Alzheimer disease (MMSE 23), osteoarthritis, and hypothyroidism. A urinalysis is negative, her examination is normal, and postvoid residual (PVR) is normal (less than 100 mL). Which one of the following interventions would be best at this time? **Darifenacin**

## Blood diseases

### Clotting

- ✓ **Notes:-** Warfarin affects the vitamin K-dependent clotting factors (II, VII, IX,X) , whereas heparin and related compounds increase the action of antithrombin on thrombin and factor Xa
- ✓ **-( warfrin is contraindicated in pregnancy)**
  - Heparin (unfractionated and low molecular weight) is the preferred drug for managing VTE " venous thromboembolism " in pregnancy.
- ✓ **N.B:Oral.anti-coagulant.is.warfarin.but.clopidogril.is.anti-platelets. (-clopidogril is anti platelets and so can aid in inhibiting clot formation )**
- ✓ **N.B: - Warfarin is category X**
- ✓ **- Enoxaparin ((Clexane)) is a low molecular weight heparin**
- ✓

317- one of the following not related to heparin **prevent formation of factor VII**

451- A pregnant woman has deep vein thrombosis (DVT) hospitalized treated by: **unfractionated heparin**

31- The summary of a long case that pregnant woman in the hospital with deep vein thrombosis "DVT" takes...? **heparin ( Enoxaparin or Clexane )**

130-heparin injection anti coagulant determined by **APTT activated partial thromboplastin time**

129-warfarin oral anticoag lant determined or calculated by **INR: international normalized ratio**

476-Major side effects of anti-coagulant like heparin and warfarin: **Hemorrhage**

653-.anti coagulant taken oral **clopidogril**

189- the best drug to be used as an anti-platelet drug ? **clopidogrel**

595-which the drug used in the lysis of clot **streptokinase**

609-Streptokinase used in...**Myocardial infarction**

704\_ Altepase used in **Acute coronary syndrome**

## cholesterol

- ✓ **notes:** HDL : high density lipoprotein (Good cholesterol ) LDL low density lipoprotein Bad cholesterol
- ✓ **Note:** cholestyramine decrease LDL )decrease low density lipoprotein( in body or increasing the removal of bile acids from the body or increase high density lipoprotein (HDL) in body.
- ✓ **N.B:cholystramine increases the fecal loss of bile salt-bound low density lipoprotein cholesterol Low.density.lipoproteins.(LDLs).carry.cholesterol.from.the.liver to body cells**
- ✓ **•Lipoprotein lipase (LPL) is a multifunctional enzyme produced by many tissues.**
- ✓ **•LPL is the rate-limiting enzyme for the hydrolysis of the triglyceride (TG) core of circulating TG-rich lipoproteins, chylomicrons, and very low-density lipoproteins (VLDL).**
- ✓ **•LPL-catalyzed reaction products, fatty acids, and monoacylglycerol are in part taken up by the tissues locally and processed differentially; e.g they are stored as neutral lipids in adipose tissue, oxidized, or stored in skeletal and cardiac muscle or as cholesteryl ester and TG in macrophages.**
- ✓ **LDL: Low-density lipoprotein it's the bad cholesterol that collects in the walls of blood vessels, causing the blockages of atherosclerosis**

492. LDL indicate ? **Arteriosclerosis**

66-the summary of a case that shows lab results which were all normal or about to be except LDL was very high... the answer is **increase the risk of atherosclerosis**

581-Low denisty lipoprotein(LDL)act as: **carrier cholesterol in plasma**

648-pharmacological uses of cholestyramine is **anti hyperlipidemic**

649-pharmacological benefit of cholestyramine **decrease LDL**

700- Lipoprotein lipase LPL is responsible for transportation of: **3-fats to tissue**

701-( Low density lipoproteins )LDL is responsible for transportation of: **cholesterol**

650-Drug for hyperlipidemia not decreaseLDL **fibrate ( Fenofibrates (gemfibrozil) acts on Triglycerides**

565- statin mechanism **Decrease cholesterol by HMG coA reductase enzyme inhibitor**

494. Used in hyperlipidemic? **simvastatin**

226- drug decreases synthesis of cholesterol in liver **Simvastatin**

## Biochemistry

### Lab tests

3- lab tests can be done now: Iron

4-what lab tests have to done today: Cbc

### Genetic disorders

Notes: - Nitrofurantoin & Sulpha drugs cannot be used in G6PD deficiency patients because it has high risk to them.

1-Sulfa compounds will cause **hemolysis** to this patient... **Vancomycin** is the last choice & Nitrofurantoin used in pregnancy with caution "not used in G6PD" so the answer is **Cefuroxime**

248 -Pregnant woman with G6PD deficiency has G-ve. M.o. and UTI, which is the drug of choice to treat her UTI: cefuroxime

37-A Pregnant woman has. **G-ve. M.o. and UTI,which.** Is the drug of choice to treat her UTI? nitrofurantoin

469-A drug is contraindicated with patients have G6PD deficiency suffering from malaria: primaquine

## Cancer

- ✓ Notes: Flutamide and androcure are anti androgenic drug to treat prostate cancer
- ✓ -Vinca Plant ... Vincristine, Vinplatin
- ✓ -Plant origin ... Etoposide
- ✓ electromagnetic ray incude ( radio, micro, ultraviolet, x\_ray, gama)
- ✓ N.B Granisetron is Serotonin (5HT3) antagonist Also Ondansetron, Dolasetron
- ✓ NB-vindesin(Vindesine is an anti-mitotic vinca alkaloid used in chemotherapy )
- ✓ Cyclophosphamide is(an alkylating agent)

113-flutamide is used for treatment of prostate cancer

545- Flutamide indication and mechanism of action Used in treatment of prostate cancer which act as Nonsteroidal antiandrogen that inhibits androgen uptake and/or inhibits binding of androgen in target tissues.

165- drug used to treat prostate cancer flutamide

191- a drug used to treat prostate cancer : Androcure

142- Anticancer from plant alkaloids origin: Etoposide Plant origin ... Etoposide

276-- Anticancer derived from plant origin NOT venca\_ Etoposide

- -anti cancer derived from venca is\_ Vincristine

296- all these drugs are anti metabolite except Cisplatin

145- Doxorubicin(anti cancer) side effect :- cardiac toxicity

186- flurouracil is Pyrimidine derivative

247-which of the following is an antimetabolite and anti-cancer : Flurouracil Antimetabolite (Pyrimidine Analog)

620-Anti metabolite anti-cancer flurouracil

261-Hydroxyurea is antineoplastic drug

180- Cervical cancer caused by or treatment of infertility or to prevent cervical cancer hpv (human papilloma virus vaccine)

514- What is the vaccine that reduces the incidence of infertility or prevent infertility: human papilloma virus

473- A Drug to manage nausea and vomiting for cisplatin (or chemotherapy): Granisetron (Kytril)

## Radiation

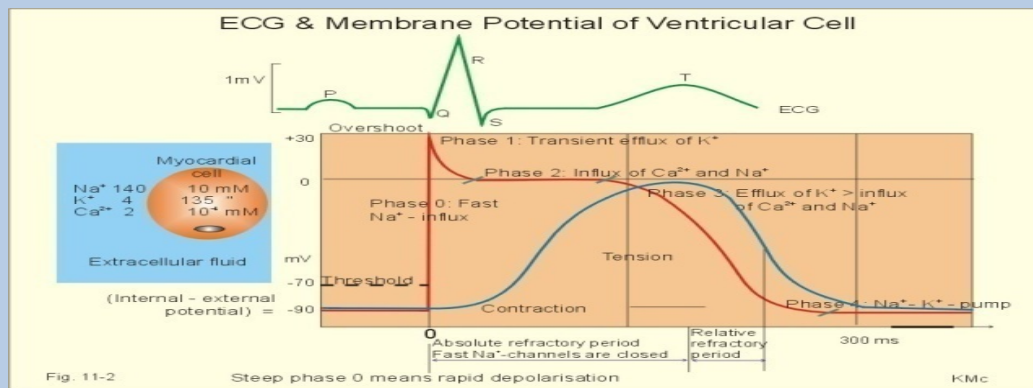
315- arranging the electro magnetic waves alpha,,, beta,,,gamma in an increase ranking in air will be alpha,beta,gamma

Q-All of the following to decrease the exposure to the radiation except -decrease the activity of radiation person

347-which is (are) electromagnetic waves?? a)X-ray c) Gama- ray d)a+c

## Cardio

### Antiarrhythmic



- ✓ **Notes:** N.B: oral bioavailability of digitoxin 90% (practically we call its completely absorbed) and 70% for digoxin
- ✓ N.B: If asked arrhythmia with heart block the answer is phenytoin
- ✓ Ventricular arrhythmia >> Procainamide
- ✓ Digitalis. arrhythmia >> lidocaine..if. not. exist. so. Phenytoin. will. be. the. answer .
- ✓ N.B class A 1 Anti-Arrhythmic: quinidine, Procainamide & disopyramide
- ✓ Bretylium class 3 anti antiarrhythmic is an adrenergic neuronal blocking agent
- ✓ -Phase 1 of Arrhythmia: Transient early repolarization, due to potassium efflux
- ✓ -Phase 2 of Arrhythmia: plateau Phase Calcium influx
- ✓ continues. and. is. balanced. to. some. degree. by. potassium. efflux

- 120-digitalis arrhythmia can be treated with phenytoin
- 274- which one used in ventricular arrhythmia with heart block Phenytoin
- 454-Phenytoin effect decrease by kidney impairment
- 210-usual daily dose of phenytoin 100-300mg
- 289-phenytoin uses other than anti convulsant agent are : ttt irregular heart beat&ttt painful nerve conduction (neuralgia)
- 582-A drug with narrow therapeutic index Phenytoin
- 584- A drug has Dose-dependent according to pharmacokinetic parameter Phenytoin
- 617- Decreases effect of phenytoin? Alcohol (by increase metabolism)
- 22 - gray man syndrome caused by : amiodarone ( anti arrhythmic drug )
- 45-quinidine(anti arrhythmic) side effect : cinchonism
- 283-about digitoxin , which is false : Oral bioavailability 100%
- 286- Drug used in ventricular arrhythmia : Procainamide
- 275-which one is anti arrhythmic class 1A disopyramide
- 639-.disopyramide as anti arrhythmia: A. dec. phase 0
- 466- MOA of antiarrhythmic Class 1A (quinidine) decrease rate of phase 0 depolarization
- 290- arrhythmia due to : dysfunction in generate heart pulse or conduction of it abnormal impulse conduction and abnormal impulse propagation
- 504- phase 2 in cardiac mean that : a)depolarization due to Na influx b)repolarization due to Na-- c)depolarization due to k influx d) non of them
- 675another use of lidocaine beside local anesthetic (class 1 B antiarrhythmic)
- 679-Verapamil antiarrhythmic class is: Class IV (4)
- 680-Propranolol antiarrhythmic class is: Class II (2)
- 706.Quinidine is similar in its action to ? procainamide
- 332- which one causes hypotension due to blockage of efferent limb baroreceptor reflex Bretylium

### Congestive Heart failure

**Notes:** Narrow therapeutic index (NTI) means the ratio between LD50 and ED50 is small

- 53-digoxin shouldn't be taken with renal failure
- 56-digoxin toxicity increased with hypokalemia or hypomagnesemia or renal failure all of them
- 126- digoxin mechanism : +ve inotropic effect
- 335- Digoxin action except :- c-increase conduction velocity in AV node
- 297- about digoxin what is not true ? taken only orally
- 382- a drug increases the effect of highly bound to plasma protein digoxin
- 390- Which one has narrow therapeutic index: digoxin
- 696-life threatening arrhythmia is side effect of --- digoxin

94-A Drug that may cause arrhythmia Digoxin

478- Digitalis toxicity due to -hypo kalimia

272- the main cause of digitalis toxicity is renal failure hypokalemia is main cause of digitalis toxicity

246- Nitroprusside in congestive heart failure patient is administered by slow i.v infusion

336- Milironin has following except increase ca intercellular

427- A Drug that may cause arrhythmia Digoxin

591- Which of the following cardiac glycoside doesn't occur naturally? Amrinone

638-ACEI role in CHF prevent ventricular remodeling

### Hypertension

- ✓ Notes: - Main side effect of nitrates is.....headache
- ✓ Amlodipine relaxes smooth muscles, including those of lower esophageal sphincter and esophageal body 1- verapamil CCB on the heart 2- Amlodipine CCB on BV
- ✓ N.B: hydralazine is a vasodilator (direct-acting) smooth muscle relaxant works by relaxing blood vessels (arterioles more than veins) and increasing the supply of blood and oxygen to the heart while reducing its workload Note: Verapamil , diltiazem block Ca on heart Amlodipine nifedipine block Ca on Blood vessel and heart

311-The aim in the management of uncomplicated hypertension: > 130/80

491. Diltiazem actin? CCB calcium channel blocker

94-diltiazem used in hypertension to inhibit calcium influx

346-Calcium-channel blockers mode of action b) decrease the inward calcium to cells

373- Which of the following dilate the lateral esophageal sphincter amlodipine

646--MOA of Amlodipine: Calcium channel blocker (CCBs) Block calcium and block contractility of heart and induce vasodilatation of blood vessel

184- Nitro glycerin side effect is:- headache

534- main side effect of nitrates ? Headache

694-MOA of nitroglycerin --coronary vasodilation

339-which one is not effect of Nitroglycerin vasodilation slow heart rate

270- antihypertensive produce tachycardia : Hydralazine

291- Hydralazine, vessel relaxation. It dilates arterioles more than veins.

619-Hydralazine acts on heart by Relax smooth muscle

294- about minoxidil dilate arteries only

331- all the following diazoxide side effects except dieresis

76-A Young female take lisinopril and will be conceiving Stop lisinopril w take methyldopa

502-pregnant hypertensive woman take methyldopa

### Angina and myocardial infarction

- ✓ note : with angina/ vasopressin: vasopressin worsens cardiac output in angina , with asthma : aspirin

208-which of the following is contraindicated with angina vasopressin

309- To supply the myocardium with O2 shortly after myocardial infarction we give aspirin

314- Tolerance is a problem when using Nitroglycerin, which of the following is true: Dosing schedule may affect tolerance

369- Role of B-blocker for angina: Prevent reflex tachycardia(decrease O2 demand )

474- Why Beta blockers are used to treat angina? decrease sympathetic cardiac stimulation

577- Relief pain due to MI (Myocardial Infarction) Morphine

### Central Nervous System

#### Anti Depressants

Notes :

- ✓ -desipramine and nortriptyline(secondry antidep.)
- ✓ -Bupropion is a ( Dopamine/Norepinephrine-Reuptake Inhibitor) used in smoking cessation. • Nortriptyline (TCA) is used as (off-label) use in smoking cessation. • Champix (Varenicline) is partial nicotine agonist used in smoking cessation aid also.
- ✓ N.B: Fluoxetine is a selective serotonin reuptake inhibitors (SSRI) antidepressant
- ✓ -MAOI work through: increase availability of monoamine neurotransmitter

29-tertiary amine of TCA (tricyclic antidepressant) is Amitriptyline and imipramine

302-Which of the following drugs is not a Tricyclic Antidepressant?Maprotiline (tetracyclic)

689-Mechanism of action of TCAs is: decrease reuptake of amine at synaptic



576-MOA of Fluoxetine selective serotonin reuptake inhibitor (SSRI) antidepressant

693-ssri fluoxetine used as---mood stabilizer

583- Which of the following are considered drugs dependence in fluoxetine( Prozac)

360- Antidepressant helps in stop smoking bupropion Zyban

### CNS depressants

#### Notes

- ✓ cocaine make mydriasis & Heroin miosis as morphine =pin point pupil
- ✓ It is normal side effect but in other question (young girl) answer is shift to ethosuximide Drug used in absence seizure (petit mal seizures)ethosuximide
- ✓ -About tonic clonic seizure: unconsciousness , involuntary movement ,The seizures usually involve (tonic phase) muscle rigidity, followed by violent muscle contractions (clonic phase), and loss of alertness (consciousness) --- it's also called grand-mal epilepsy
- ✓ N.B: Ethosuximide is the drug of choice for petit mal epilepsy which usually associated with children
- ✓

#### Epilepsy:

243-- Pregnant woman taking valproic acid go to physician with tonicclonic seizures.. Which of the following is true? use valporic with folic acid -- e- go to the doctor the answer is C ... if go to doctor in option so the answer is E

277-which one used to trigeminal neuralgia tegretol(Carbamazepine)

379-Drug of choice in absence seizures .. ethosuximide

402- ethosuximide is antiepileptic used in absence (petit mal) seizure

472- Child on oxcarbazepine for epilepsy and suffers from rash Change to ethosuximide

571-A 12 years old girl suffer from rashes after treating with oxcarbamazepine shift to ethosuximide

4- A young girl has seizures and tremors, the physician prescribed oxcarbamazepin after 2 weeks of administration, redness and pruritic rash -shift to ethosuximide

511-woman taking oxcarbamazepine, after 2 weeks of administration, redness and flushing appear.... keep using oxcarbamazepine

5- A woman is taking oxcarbamazepine, after 2 weeks of administration, redness and flushing appear... What is the best choice for her? / keep using oxcarbamazepine

N.B: It is normal side effect but in other question (young girl) answer is shift to ethosuximide

521- Primidone prodrug of phenobarbitone and Used as anti epileptic

570-14years-obese girl comes to the clinic with severe rash. She was initiated on oxcarbazepine about 3 weeks ago for management of partial seizures. Her medical history is significant only for seizures. She has recently become sexually active and admits to inconsistent contraceptive use.

Which one of the following interventions is best for her? Change to topiramate.

#### Narcotic Analgesics

34-morphine cause constipation

50-morphine act on mu receptors

203- Opioids can be used as: analgesics

240-Women came to the ER with pinpoint pupil. With vomiting and dizziness... Which drug is responsible? A- Heroin (Heroin because it is opioid agonist and cause miosis)

255- Enkephalins are peptides that: -similar in action to morphine

299- Various opiates may be used as all of the following except: Anti-inflammatories

345- Morphine causes respiratory depression by depression of respiratory center in brain

36-narcotic addiction is treated by: methadone

588- Naloxone exert its action through...antagonism

#### Hypnotics

57- lorazepam is hypnotic at dose of 4mg

468- Drug that is susceptible to cause drug dependence: Benzodiazepines

513-Which of the following drugs lead to addiction: benzodiazepine

651-which of the following drugs cause dependence benzodiazepines

495. Benzodiazepine is used in treatment of ? note:( Anxiolytic and anticonvulsant)

a-anxiolytic c-anti-epileptic (a & c are correct)

498- benzodiazepine action? Inhances GABA inhibitory effect (gamma-Aminobutyric acid( GABA agonist)

GABA agonist

- 555- mechanism of action of benzodiazepine  
590- MOA of Benzodiazepine? Anxiolytic  
604-Diazepam action is inhibit glutamate secretion  
102-antipsychotic cause agranulocytosis: clozapine (atypical)

### Skeletal muscle relaxants

- 40-patient with hepatic and renal failure which of the following skeletal muscle relaxant can be used atracurium  
Q- Neuromuscular blocker is used of choice in renal and hepatic failure: - atracurim  
107-neuromuscular blocker block : acetylcholine  
148- which drug may used as anti-spasmodic baclofen  
206-which of the following is less potent than tubocurarine succinylcholine  
362- Neuromuscular blocker has the lowest t half Succinylcholine  
211-mechanism of action of dantrolene : cause skeletal muscle relaxant by binding to the ryanodine receptor decreasing intracellular calcium concentration  
- :If the question is dantrolene has direct or in direct action .. the answer is – Dantrolene is a direct-acting skeletal muscle relaxant. It is currently the only specific and effective treatment for malignant hyperthermia

### CNS stimulants

#### Notes

- ✓ Amantadine is dopamine agonist
- ✓ NOTE: Carbidopa mechanism: is a peripheral decarboxylase inhibitor. It inhibits the peripheral decarboxylation of levodopa to dopamine; and as it does not cross the blood-brain barrier, unlike levodopa, effective brain concentrations of dopamine are produced with lower doses of levodopa.
- ✓ That is why carbidopa is used in combination with levodopa to treat Parkinsonism.
- ✓ N.B: ADHD = Attention Deficit Hyperactivity Disorder

- 86-amantadine (antiviral) used for treatment of parkinsonism  
676-amantadine M.O.A: antiviral and antiparkinsonian  
214-used for alzheimer : donepezil  
318-Which not effect of caffeine-: skeletal muscle relaxant  
645-carbidopa act anti-parkinsonism by.. inc. dopamine

7- A 9-year-old boy has a new diagnosis of ADHD. At school, he is disruptive, talks when the teacher is talking, and runs around the classroom. His parents report extreme difficulty in getting him to do his homework after school. Which one of the following is best for his initial drug therapy? a. Methylphenidate extended release given once daily.

### Anesthesia

- 90-local anesthesia agent is lidocaine  
91-which of the following anesthetics cause cardiotoxicity Bupivacaine  
307-Ultra-short acting barbiturates are used primarily as Preanesthetic agents  
333-thiopental is ? short acting barbiturates  
349- One of the statement considering Tetracaine One of neuromuscular blocker- The most one of choice in spinal anaesthesia

### Gastrointestinal

#### Stomach

#### Notes :

- ✓ H.pylori treated by triple therapy (( PPI + 2 antibiotics )) usually (( omeprazole + metronidazole + clarithromycin )) omeprazole alone used for Gastritis
- ✓ Note : PG for prophylaxis Antacid>>>Mg/AL hydroxide neutralize acidity>>>antacids
- ✓ N.B: Sucralfate (aluminum sucrose sulfate) , H2 blocker and PPI are effective in ttt NSAIDs induced ulcer The most effective is PPI prostaglandin analogue (misoprostol ) (cytotec®), gastric mucous barrier is prophylaxis , can't treat the ulcer
- ✓ N.B.Medications that cause heartburn pain include: Antibiotics , Bisphosphonates taken orally , Iron supplements , Quinidine ,Pain relievers, Potassium supplements .

- 233- Omeprazole can be used as a single drug in: gastritis as a side effect of Nsaids  
12- when we need to use omeprazole as a single therapy: gastritis  
46-treatment of h.pylori infection by triple therapy (proton pump inhibitor+2 antibiotics)  
(omeprazole+clarithromycin+(amoxicillin or metronidazole) )

103-A patient with peptic ulcer due to **H.pylori** and he has allergy to B-lactam... what's is the best medication for him?  
**PPI+clarithromycin+metronidazole**

116- omeprazole used before **30 minutes breakfast**

229- drug for esophageal reflux **Pantoprazole**

702- PPI (Proton Pump Inhibitor) is used in GIT bleeding is **pantoprazole**

27- A patient came with multiple fractures of his bones and ribs from an accident. He has a brain trauma and he is on **NGT** (Nasogastric Tube) in ICU. Which of the following is best used for the prophylaxis of **stress induced ulcer** that can be happened to him: **IV pantoprazole**

200-the oesophageal ulcer occurred due to: **increase gastric secretion**

371-The most rapid relief of acidity **antacid (Al/Mg hydroxide)**

586-which.drug.has.the.rapid effective action in esophageal burn and acidity **magnesium/aluminum hydroxide**

374-which of the following can neutralize acidity and treats gastritis resulted from NSAIDs **Proton Pump Inhibitor**

542-Which of the following is given to neutralize stomach acidity and prevent peptic ulcer **antacid**

630-.rapid relief of acidity...**Al hydroxide**

96-antacid is used in heart burn to **neutralize acidity**

686-Ranitidine mechanism of action: **H2 antagonist**

697-which is most likely to cause heartburn - **kcl**

### Diarrhea And Irritable bowel syndrome

- ✓ •Sulfasalazine.is.used.in. the treatment of inflammatory bowel disease, including (ulcerative colitis and Crohn's diseases). It is also indicated for use in rheumatoid arthritis and used in Juvenile rheumatoid arthritis.
- ✓ •The right answer is inflammatory bowel disease, including (ulcerative colitis and Crohn's disease). The irritable bowel syndrome is different than inflammatory bowel disease.

526- Patients with ulcerative colitis ttt on cortisone and mesalazin must use what?

if Colitis & Cortisone .....>> the answer is **Ca** if Colitis only.....>> the answer is **vit b12**

Ca ... due to corticosteroid drugs induce osteoprosis .. so we give ca as prophylaxis therapy if there is (( ca+vit b12 )) is better if colitis without cortisone the answer will be vit (( B12 ))

24-diphenoxylate and loperamide are narcotics or opioid agonists which are used as : **anti diarrheal**

80-loperamide stimulate **MU receptors**

185- loperamide act as: **opioid agonist anti-diarrheal**

### constipation

19-mechanism of action of bisacodyl (stimulant laxative)**stimulation of enteric nerves to cause colonic contractions**

20-bulk laxatives mechanism of action-**add water and bulky to stool and soften stool like a jelly**

69-magnesium sulphate( antiacid) has **cathartic side effect so used as laxative**

601-.which antacid give cathartic effect as a side effect **-Mg hydroxide**

### Nausea and vomiting

195-cyclizine is used in **nausea and vomiting**

213-perphenazin used in (anti psychotic) **nausea and vomiting**

690-uses of promethazine: **Nausea & Vomiting** N.B: strong sedative and weak antipsychotic effects reduces motion sickness and has antiemetic and anticholinergic properties.

265-The following statements are wrong about domperidone except **anti-emetic without CNS effect**

### Hormone

#### Adrenal glands

121- cushing - like syndrome is due to **adrenal hyperplasia**

#### Pituitary glands

- ✓ N.B 1-An I.V infusion of oxytocin is used to induce labor
- ✓ 2-Vasopressin is antidiuretic hormone (ADH)
- ✓ Hormone released from posterior gland Vasopressin and oxytocin.

47-desmopressin used in treatment of : **nocturnal enuresis and diabetes insipidus**

365- Hormone released from posterior gland **vasopressin and oxytocin**

100-bromocriptine reduce **prolactin level**

404- hormone is released from adrenal cortex Adrenocorticotrophic **progesteron**

### Diabetes mellitus

- ✓ Notes: NPH ==> intermediate acting and no excess protamine (basic)
- ✓ TYPE 1 : insulin + healthy diet + exercise
- ✓ TYPE 2 : we have steps to follow with pt : 1- healthy diet + exercise = if not work go to next step 2- healthy diet + exercise + ORAL anti diabetic "metformin" = if not go to the next step 3- healthy diet + exercise + ORAL anti diabetic + insulin
  - Metformin is category B in pregnancy & can be used.
  - Insulin is the drug of choice in gestational diabetes (diabetic pregnant) but glargine (long acting insulin) is category C in pregnancy.  If there is no insulin in choices choose metformin NOT glargine.
- ✓ Metformin as weight is an indication for type 2 diabetes
- ✓ N.B:1- **polyurination**: The production of an abnormally large amount of urine; one symptom of diabetes
- ✓ 2- **glucosuria** is the excretion of **glucose** into the urine

-**hyperkalemia** most commonly occurs in uncontrolled hyperglycemia (**diabetic ketoacidosis**) due to lack of insulin

- ✓ - The **acidosis** and **high glucose** levels in the blood work together to cause fluid and **potassium** to move out of the cells into the blood circulation
- ✓ **N.B:** (HBA1C or HGBA1C): is a form of hemoglobin that is measured primarily to identify the average plasma glucose concentration over prolonged periods of time... type 2 diabetes start with metformin
- ✓ If HBA1C is getting higher even if **1% we increase metformin** If HbA1c increased for **more than 10%** we give **insulin**  
Hba1c is the same as a1c
- ✓ normal HbA1c less than **6.5 - 7**
- ✓ N.B: An adult who has : BMI = 25 to 29.9 is considered overweight .BMI = 30 or higher is considered obese

For elderly patients... - If younger than 80 years old ... metformin - if older than 80 years old ...glyclizide "as usually elderly patients have kidney dysfunction which contraindicated with metformin"

41-tyrosine kinase class II receptors are **insulin receptors**

59-long acting) insulin is : **glargine**

75-insulin given iv is : **regular**

170- drug of choice for gestational diabetes **insulin**

547- on treatment of insulin , which should be monitored ? **Potassium as it cause hypokalemia**

73-A summary of a case that a **diabetic girl** her lab results were mostly normal

except glucose ....27, potassium is higher than normal by 1 what do you recommend for her? **C-insulin infusion 10 unit**

30- **Diabetic** patient uses **insulin** daily, he forgot to take his insulin dose someday... he did lab tests and his results was normal **except, high glucose**, high potassium (**hyperkalemia**) what do you recommend for this case ? **-restart his daily insulin dose**

--What first line agent may be considered for an obese type 2 **metformin**

42-An elderly man around 60 years old, complain from **polyuria**, dry mouth... There is no family history of diabetes... He has done a lab tests and the results were **positive for diabetes**... Initial treatment should be: **metformin**

43- A **83 years** old man suffers from fatigue, weakness and dizziness, there is no family history of diabetes... he went to the doctor and had done a lab tests and the results were positive for diabetes and **BMI = 28** .. Initial treatment should be? **Gliclazide**

162-which of the following diabetic drugs approved by fda for pediatric .use **metformin**

228- anti diabetic drug used in pregnancy **Metformin**

399-12 years old boy has diabetes type1 which drug can take? **Metformin** (Note : if " insulin" is an option .. choose it . )

499Treatment of Diabetic patient with Glycated hb 9 as initial ttt: **Metformin**

633-case in which glucose is high and its weight 103 kg and ha1c is 9, he will take.. **metformin**

38-A **hyperglycemic** patient his blood glucose level given by moles and his **HBA1C** was high ((more than 10%) ...What is the best medication for him? **-insulin 70/30**

524 - An elderly man around 60 years old , complain from polyuria , dry mouth .. there is no family history of diabetes .. he has done a lab tests and the results were positive for diabetes. initial treatment should be **metformin**

28- A patient suffers from **polyurination** and dizziness so he does lab tests and his results are as following:

- **glycosuria** +ve

-capillary blood glucose = 15 normal up to 6

-lbw = 28

what is the best medication for this patient ? **metformin**

39-A Diabetic **patient** takes metformin twice a day, he did blood glucose analysis and there was 4 results all were normal except one result was high and HbA1c was 7.. What he should do? **increase dose of metformin**

45-A **diabetic** woman is taking 850 mg metformin... her results are 7.5... 5.5... 6 ... 5 and her HbA1c is 7.5 ... what's your advice? **increase metformin dose**

49-A 48 woman suffers from fatigue, weakness and polyurination and lab tests proved that she is **diabetic**... A Doctor prescribed her 850 mg metformin twice a day and so blood sugar become normal... but after sometime she did another lab tests and the result was **hemoglobinated sugar increased** by 1% than the last result ... what will you advise her? **increase metformin dose**

47-A 54 years woman with polyuria for 3 months before analysis... **Give Metformin 3 times a daily**

48. A diabetic patient takes **metformin with glipizide and pioglitazone** was added...Which test should be done regularly? **liver function.**

85-A **diabetic** woman takes **metformin and glibenclamide**... she went to the doctor and he increased the dose of **glibenclamide**... Which analysis should be done regularly? **-liver function**

519--A 22 years woman wants to become a pregnant , she is taking **stop pioglitazone and titrate metformin**

632-A case of 22 years old woman that wants to get pregnant, she takes Pioglitazone with metformin as her treatment. She has a history of hypoglycemia and she prefers to take oral therapy. What will be the best approach in her case? **stop pioglitazone and titrate metformin**

546- Pioglitazon side effect **hypoglycemia**

533-CASE WOMAN Hyprtention diabetic and sensitive of sulph. which is contraindicated with sulpha **Glyburide**-(glipride as it is sulphonylurea derivative and she is allergic to any sulpha containing drugs )

106-.A **diabetic** woman has **hypertension** and she is sensitive to sulpha compounds...Which of the following is **contraindicated** with this case? **Glipizide**

### Male specifics

25-both of cimetidine(h2blocker) and spironolactone have **anti androgenic effect**

381- A diabetic old patient with hyperlipidemia complains of erectile dysfunction so DOC **sildenafil**

16-A Case about Patient with **Erectile dysfunction** (ED) caused by long-lasting HTN & Diabetes... so use: **Sildenafil**

### Gynecology

- ✓ Notes: NBContraceptives make feedback inhibition to (GNRH )hormone
- ✓ Note: estrogen increase the risk of DVT
- ✓ Progestin-only OCs are commonly prescribed when women wish to take OCs but estrogen is contraindicated. Levo=progesterone=synthetic progesterone=second generation progestin
  - note:drugs act as antiestrogen **Clomiphene, tamoxifen,, raloxifen, anastrozol, letrozol**
- ✓ Take the minipills of progestin if
- ✓ Older than age 35 + smoke ,Older than age 35 + migraine headache,Older than age 35 + obese,Older than age 50,Breast feeding,Diabetes mellitus with vascular disease,Risk of DVT or history of thromboembolism "blood clots",History of uncontrolled HTN or heart problems,Breast or endometrial cancer or,Need to get pregnant
- ✓ N.B:
  - hormone therapy " e.g . oral contraceptive pills" are used to treat endometriosis-associated pain and they are effective.
  - hormone therapy " e.g . oral contraceptive pills" are used to treat endometriosis-associated pain and they are effective.
- ✓ serious side effects and can be harmful to the baby if the patient become pregnant while taking this medication.
  - surgery is the last resort and is recommended if the patient planning for pregnancy

- ✓ **When you take estrogen, you should always take progesterone to counteract the negative effect of estrogen**

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- ✓ - **Oxytocin** is a uterine stimulant used to **induce labor** in women with problems
- ✓ - **Ritodrine** is used to **stop premature** labor
- ✓ - **ergonovine** used for **prevention** and treatment of postpartum and **post abortion** hemorrhage
- ✓ Eclampsia" characterized by HTN + hyperproteinemia

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- ✓ - Eclampsia is the development of seizures in a woman which is life-threatening
- ✓ - **Mgso4** used to treat these **seizures** not for HTN
  - to treat HTN in this case we use by order : 1.methyl dopa
  - ✓ . 2.labetalol
  - ✓ . 3.hydralazine (for emergency or urgency HTN)
- ✓ N.B:1- Women who have both the **uterus** and **ovaries removed** usually just get **estrogen** replacement therapy (ERT) alone. 2-But women who have only the ovaries removed need both estrogen and progestin. That's because estrogen alone can increase the risk of cancer in the uterus. Adding progestin removes this risk.
- ✓ N.B: - hormone therapy "e.g ..... Oral contraceptive pills" are used to treat endometriosis-associated pain and they are effective.
  - Danazol can be used but it isn't the first choice because it can cause serious
- ✓ side effects and can be harmful to the baby if the patient become pregnant while taking this medication.
  - Progestin have a more favorable side effect profile than danazol.
  - Surgery is the last resort and is recommended if the patient planning for pregnancy

6-In ovulation phase hormone which predominant **LH**

18- human chorionic gonadotropin is used to : **Induce ovulation and treatment of infertility**

440-MOA of Chorionic gonadotrophic during of treatment of infertility? **Follice and induce ovulation**

77-oral contraceptive work on **Gnrh hormone** in phase of **ovulation**

82-Which the following hormone **suppress** due to take **oral contraception: GnRH**

101- When should woman change her pregnant pills?**It is needed to be changed even she doesn't forget to use pills**

143-Combination contraceptive act on : **Ovulation**

433- Which the following hormone suppress due to take oral contraception: **GnRH** (Gonadotropin-releasing hormone)

112-for female with DVT , combination contraceptive shouldn't be used (birth pills) . **use only progesterone pills(levonorgestrel)**

500-Use of combination OCs(Oral contraceptives) contraindicated in case of **DVT(Deep vein thrombosis)**

501-A woman had DVT and was treated a year ago ,now she wants to use oral contraceptive pills **Levonorgestrel (or l-norgestrel or D-norgestrel)**

606--for female with DVT, which is contraindicated...**combined contraceptives** (Estrogen containing contraceptive)

63-The summary of a case that woman suffers from **pain in menses** and during intercourse... which is finally found that she had something like a tumor or a solid mass ...What is the best medication to fast relief her pain ?? **-Oral contraceptives**

83-A **menopause** woman takes **estrogen and progesterone** derivative replacement therapy... Which effect may be done due to this therapy? **increase thrombosis risk**

569-A 39 years old what is oral birth control pills appropriate for her **-Ethinyl estradiol/Inestrenol** (This ques. may be incomplete ... if there is any of the following .contraindications of COCP the answer will be Levonorgestrel)

285- about side effect of oral contraceptive except : a) Depressoin b) Hypertension **c) constipation**

172-estrogen antagonist and used first line in treatment of breast cancer **tamoxifen**

216-Which of the following used as anti estrogen when used cause abortion **tamoxifen**

48-mechanism of action of clomiphene : **Inhibit negative feed back of estrogen**

643-.Antiprogesterone cause abortion.. **Mifepristone**

212-ergot alkaloid used in **Uterine stimulant**

376- a pregnant woman at 43 week pregnancy She began labor actions for **oxytocin**

21- Pregnant woman in her **43th** week and began her labor, the contractions were going good for 12 hours but in the last hour it decreased... So what medication you give her? **Oxytocin**

512- a postmenopause old woman suffering from facial flushing and vaginal drying She has done

hysterectomy procedure .which drug of the following should she use:estrogen

32-A **post menopause** old woman is suffering from facial flushing and vaginal drying. She has done **hysterectomy** procedure... Which drug of the following should she use? estrogen

623-A women takes estrogen and she made hysterectomy should take ? hydroxyprogesterone

631-.case has pain and solid tumor... Oral contraceptives .

29-A **pregnant** woman in her **9th** month, she has **hyperproteinemia** and **hypertension**... What is the recommended medication for her? - Magnesium sulphate "Mgso4"

### thyroid

217-which of the following can be used in treatment of hyperthyroidism ? potassium iodide

288- causes of hypo thyroidism : iodine deficiency , low hypothalmus&pituitary hormones

698-Hypothyroidism is caused by: 3-cushing syndrome

### Osteo and rheumatoid arthritis

✓ N.B: - Osteoporosis .... Alendronate Na

- Osteoporosis + Methotrexate .... Leflunomide

- Osteoarthritis ..... Etanercept

- Osteoarthritis + Methotrexate .... Etanercept is the **first choice**, if not exist choose leflunomide

81-etidronate used for osteoporosis or paget disease

167- an elderly women with osteoporosis after giving her Calcium + vitamin D she become better , so we give her in the next step : alendronate

388- a patient come to you taking alendronate , you advise him : take alendronate 1/2 hour before breakfast with water and stand upright for 1/2 hour

137-WHICH METAL USED IN TREATMENT OF RHEUMATOID ARTHRITIS? GOLD

326- In the treatment of the osteoporosis, which of the following is not correct:

hormone replacement therapy (HRT) should be considered in all postmenopausalpatients with osteoporosis

NB: We use HRT when other ttt have failed .

549- old man have rheumatoid arthritis taking (methotrexate-ibuprofen -Losec ) and these drugs were not effective , so the next step we use : Lefulonamide

628- Drug of choice for hemolytic anemia? Cortisone

8- F.A. is a 55-year-old woman with **rheumatoid arthritis**. On diagnosis 1 year ago, F.A. had an RF titer of 1:64 signs and symptoms of inflammation in the joints of both hands, and about 45 minutes of morning stiffness. She began therapy with **methotrexate**, and she is presently receiving 15 mg every week, **folic acid** 2 mg/day, ibuprofen 800 mg 3 times/day, and omeprazole 20 mg/day. At today's clinic visit, F.A. reports a **recurrence** of her symptoms. Radiographic evaluation of her hand joints shows **progression of joint space narrowing and bone erosion**. Which one of the following is the best next step in therapy for F.A.? A. Administer etanercept. (Trade name Enbrel)

### Microbiology

#### Virology

---Live vaccine c/i with which of the following choose pt who have CDcount less than 200 .

63-acyclovir is used for herpes simplex

78-nevirapine is used for treatment of HIV (AIDS)

114-zanamivir is used for treatment and prophylaxis of influenza

232- Analogue for HIV zidovudine

442- Antiviral for HIV which nucleoside reverse transcriptase inhibitor zidovudine

118-ganciclovir(antiviral) used in treatment of cytomegalovirus

367- Hb1genotype hepatic patient (hepatitis C genotype 1) fot ttt take ? -interferon and ribavirin

256- To know the severity of immunodefficiency in HIV - CD4 count

227- Don't give vaccines to: Patients with CD4 < 200

446- One of the following is contraindication to all vaccines cd <200

75-A summary of a case that a pregnant woman suffers from a disease which related to genital infections... she does not have a job and she need a **cheap** and fast medication... What is the best for her? Acyclovir 400 bid for 7 days

2- All the following patients are seeing their pediatrician today and are due for immunizations on the basis of.the routine schedule. For which one of the following patients would it be best to recommend **deferring** immunizations until later? A. 12-month-old boy who recently completed a cycle of chemotherapy for acute lymphocytic leukemia.

B-6-month-old girl receiving amoxicillin for otitis media.

C -12-month-old HIV-positive boy who's most recent CD4 count was greater than 1000.

D-12-year-old girl completing a prednisone "burst" (1 mg/kg/day for 5 days) for asthma exacerbation

3-18 month-old baby with a history of **premature birth** and **chronic lung disease** is admitted to the pediatric intensive care unit with respiratory distress (requiring **intubation**), **fever**, and a 3-day history of cold-like symptoms. A nasal swab is **positive for RSV**. Which one of the following is the best intervention? **Intravenous fluids and supportive care**

### Immunology

Notes: Pregnant women should receive a dose of Tdap during each pregnancy, ideally between 27 and 36 weeks gestation. Tdap & Dtap are the same vaccines but Tdap is used for adult and pregnant, Dtap is used for (0-6) years old children.

- N.B: If a pregnant woman tests positive for hepatitis B, her newborn child must be given two shots in the delivery room: 1-The first dose of hepatitis B vaccine and one dose of hepatitis B immune globulin (HBIG).

2-The infant will need additional doses of hepatitis B vaccine at one and six months of age to provide complete protection

14-which of the following vaccines should be administered for every pregnancy? **Tdap (tetanus, diphtheria...pertussis)**

158-live attenuated vaccine: **measles, mumps & rubella (MMR)**

31-cyclosporin used as **immunosuppressant after organ transplantation to reduce possibility of rejection of new organ by immune system**

61-routine medication for influenza is **influenza vaccine**

123-Which of the following vaccine should be taken although you don't need it **influenza vaccine**

171-which vaccine should be taken every year **influenza vaccine**

105-influenza vaccine contraindicated in **(0-6) months baby**

109-influenza vaccine is **safe for pregnant** (IIV) Inactivated influenza vaccine is safe for pregnant

187-which of the following is more prone to influenza symptoms and problems **pregnant**

372- drug used for prevention of influenza **vaccination**

101-emergency members should take the following vaccine to avoid nosocomial infection **meningitis**

487- Emergency staff's vaccine **meningitis**

204- 2 years old child come to clinic for taking hepatitis vaccine, we know that he took pneumonia vaccine from month ago, so we should: **give him the vaccine immediately**

18- A 2 years old child has taken **Hepatitis A** vaccine and came to take **MMR** vaccine: **Should take MMR vaccine immediately**

12- A 2 years old child came to clinic for taking **hepatitis A vaccine**, we know that he took **pneumonia** vaccine from month ago, so we should: **Give him the vaccine immediately**

394-Pregnant woman have hepatitis B when deliver we must give for baby? **Hepatitis B vaccine with immunoglobulin hepatitis.**

471- A Child born to a hepatitis B positive mother must take a-first dose of the hepatitis B vaccine ..... b-one dose of the Hepatitis B Immune Globulin (HBIG). **c- C. Both of them**

516- a nurse was giving treatment to a hepatitis B patient when she infected with his blood, when she made analysis the result was **HBSAG negative and HBSAB negative**, so she should be treated with: **give her immunoglobulin + hepatitis B vaccine**

14-A nurse was giving the medication to a **hepatitis B patient** when she got infected with his blood, when she made analysis the result was **HBSAG negative and HBSAB negative**, so she should be treated with: **Give her immunoglobulin + hepatitis B vaccine**

15-A pregnant woman has **hepatitis B** when she delivers we must give her baby: **Hepatitis B vaccine with immunoglobulin hepatitis.**

293- not from WBC **reticleucyte**

117-probiotics are **bacteria and yeast eaten to provide patient with health**

607-probiotics are ..... **live yeast or bacteria**

### Antibiotics and bacteriology

- ✓ Notes: Carbapenems (Imipenem, Meropenem, Doripenem) have the propensity to induce resistance during treatment & Fluoroquinolones (Ciprofloxacin, Levofloxacin) are the only class of antibiotics which has an oral formulation that is reliably active against *P. aeruginosa*
- ✓ Kidney damage and hearing loss (nephrotoxicity and ototoxicity) (as all aminoglycoside)



- ✓ N.B. Aminoglycoside cause ototoxicity& nephrotoxicity
- ✓ ceftazidime is 3rd generation cephalosporin
- ✓ Diphtheria is an upper respiratory tract illness (makes tough pharyngeal membrane) caused by Corynebacterium diphtheria

42-drug of choice for pneumonia is penicillins

411-A pregnant women with syphilis should take ampicillin (Note : Penicillin is the drug of choice for syphilis during pregnancy So if there is Penicillin eg: Benzathine penicillin Benzylpenicillin in choices will be better)

79-for otitis media in children use high dose of amoxicillin note :that if there is no (high dose of amoxicillin) choose (azithromycin)

403-A Child with otitis media ,, high dose amoxicillin

22- 2 years old girl has otitis media, which medication is the best for her? azithromycin

**Nb:** A high dose of **AMOXICILLIN** is the antibiotic of **choice** in this case not ampicillin . if amoxicillin is not an option ... choose azithromycin

234-antibiotic with diarrhea as a side effect Amoxicillin combination with clavulanic

252- which antibiotic more likely to cause diarrhea Augmentin

578- Which of the following show penicillinase resistance -Flucloxacillin (floxacin)

537- A pregnant women sensitive to amoxicillin which is the Drug Of Choice for her disease ... what will be the suitable alternative anti-biotic for her Erythromycin

55-drug of choice for pseudomonas aeruginosa is: meropenem

2-drug need dose adjustment in renal failure Imipenem/cilastatin

23- red man syndrome caused by : vancomycin

151- Cephalosporin act as:- Inhibitors of cell wall synthesis

605-.what is the b-lactam antibiotic, its mode of action is cell wall synthesis inhibitor cephalosporin

1- antibiotic needed in community acquired pneumonia which need hospitalization ceftriaxone +macrolid

**NB if patient go to ICU -----** Ceftriaxone plus either a respiratory fluoroquinolone or azithromycin

531-Penicillins are similar in MOA AS: cephalexin

652-ceftriaxone "3rd generation cephalosporin

673-ceftazidime is third generation cephalosporin

625-the aminoglycoside? Antibiotic

370-Drug cause renal disease aminoglycosides

67-drug need serum creatinine to be monitored gentamycin (aminoglycoside)

644-Drug known to cause kidney injury Aminoglycoside

95-mechanism of aminoglycoside: protein synthesis inhibitor

428-drug need to monitor its plasma level Gentamycin

161- amikacin cause which of the following adverse effect nephrotoxicity

236- The most dangerous adverse effects of Amikacin is: (kidney disease)

21- gray baby syndrome caused by : chloramphenicol

334- which of the following is NOT macrolide antibiotic? chloramphenicol

49-rifampicin is used in : leprosy &tuberculosis

152- ISONIAZIDE used in Tuberculosis

110-clindamycin cause clostridium difficile

111-metronidazole used in treatment of clostridium difficile

58-antibiotic which cause yellow teeth tetracycline

135-Which of the following is released by bacterial cell wall during phagocytosis? Endotoxin

N.B: During infection or growth →exotoxin During phagocytosis→endotoxin

220-Release from bacteria during The growth : Exotoxin

141- Which organism is the cause of travelers' diarrhea : E.coli

269 -which one is more effective against in traveller diarrhea: ciprofloxacin

426-The method most commonly used in the sterilization in our society Autoclave

671- method used in sterilization (autoclave was not in the choices: moist heat

### parasitology

43-mechanism of action of chloroquine (anti malaria): chloroquine bind to heme and prevent its polymerization to hemozoin

93-drug of choice for tape worms : praziquantel or niclosamide

132-drug of choice for tape worms niclosamide (If praziquantel is not an option .. choose Niclosamide

----Drug of choice in tape worms is (praziquantel).....if it is not available in choices choose (niclosamide) is an.

- 139- The antimalarial to be avoided in glucose-6-phosphate dehydrogenase deficiency: **Primaquine**  
 155- Which of following is the drug of choice for treatment of all forms of Schistosomiasis? **Praziquantel**  
 173- drug of choice for giardiasis and amoeba **metronidazole**  
 357- all these drugs used in amebic dysentery except **gentamycin**

### Antifungal

- 54- amphotericin-b is **parentral anti fungal**  
 580- Pregnant woman has vaginal discharge and has Candida albicans what's the drug of choice? **Clotrimazole**  
 598- Treatment of Pregnant with vaginal candida **clotrimazole**

### Pharmaceutics

### Dosage forms and routes of administration

Descriptive Term	Parts of Solvent Required for 1 Part of Solute
Very soluble	Less than 1
Freely soluble	From 1 to 10
Soluble	From 10 to 30
Sparingly soluble	From 30 to 100
Slightly soluble	From 100 to 1000
Very slightly soluble	From 1000 to 10,000
Practically insoluble, or Insoluble	10,000 and over

#### Notes

- ✓ Volatile liquid drug given as inhaler.....Amyl nitrite
- ✓ Note: Morphine can be taken also as: Oral, IM, Rectal

- 64- albumin and dextran and starch are **colloid solutions**  
 134- Which of the following is colloid solution ? **albumin**  
 202-- another definition for a soluble solution : **homogenous**  
 259- A patient purchasing sublingual nitroglycerin tablets should be told to store the medication: **in an amber glass bottle with a metal cap**  
 340- protect from light" in usp means **Amber glass** (N.B: if the ques. asked about "In USP " ... the answer is Amber glass if not ... the answer is " Light resistant container"  
 127- grinding of solid or powder in liquid or ointment is **LEVIGATION**  
 128- **disintegration** change the drug from tablet to final powder  
 688- Change the drug from tablet to final powder: **Disintegration**  
 303- The most common disintegrator in compressed tablets is **Starch**  
 352- most described dosage solid form: **tablet**  
 305- Gums are used in tableting primarily as **Binding agents**  
 279- Adsorption , which is not true : a) Chemical property d) Irreversible e) **A + d**  
 313- Solid dosage forms are better than Solution dosage form because: a- Accurate dose b- Easy to handle c- More stable **e- a&b and c**  
 412- liquid dosage form differ from solid in **ease to administration**  
 319- Hypertonic solutions can be adjusted by: **-Make dilution by add more solvent**  
 637- The ability of liquid to dissolve in another liquid is called **Miscibility**  
 322- The following liquids are least likely to be miscible: **- non-polar + polar**  
 323- At 25° C, benzoic acid is much more soluble in benzene (C<sub>6</sub>H<sub>6</sub>) than it is in water. In this situation benzoic acid could be considered to be: **C- Non-polar**  
 254- If a drug has the same active ingredient like other drug but not contain the same inactive ingredient this mean-: **pharmaceutical equivalent**  
 600-.when you say on two drugs have the same bioequivalence **-Pharmacokinetic parameters**  
 N.B: pharmacokinetics: It is the way that body deal with the drug  
 284- to compare between 2 drugs use: **c) Pharmacokinetic parameters if effect**  
**d) Pharmacodynamic parameter** (N.B: c and d are true .. in the exam must give one of them not both )  
 324- The following properties are similar for both solutions and suspensions:  
 A- The components of both solutions and suspensions can be separated from each other by physical

processes. .

B-Solutions and suspensions are composed of two or more components.

**D-Both A and B**

337- Very small molecule(1 part ) soluble in more than 10,000 part of water **insoluble**

340-drugs have different crystal structures so different in **polymorphism**

343-suspension eye drop differ than ophthalmic solution in: a-less commonly used c- used for insoluble drugs **d- a&c**

703\_ Ophthalmic preparation should have these properties except: **-should contain preservative sitosc**

355- Controlled released drug delivery depends on- **Ready programmed&no influence of the body fluid**

627-Aspartame is added to some preparation as **sweetening agent**

--Freeze drying is done by ... >> **Sublimation**.

--Converting big fragments into small fragments is ... >> **Reduction**

97-procss of using the drug is :**ADMINISTRATION**

450- One of the following is a component of drug processes: **Administration**

124- which of the following drug taken by inhalation **Amyl nitrite or halothane**

262- Which one of the following is taken orally **- Estrogen gluconate**

443-Route of administration of morphin and enoxaparin ?? **Morphine IV ,,,,,EnoxparinSC**

### dermatology

150- Coal tar uses in **(psoriasis)**

496.benzyl benzoic acid use ? **for ACNE**

618-Normal water is used for which of these preparations? **External preparations**

### Conversions

30-**GRAIN= .065gram or 65mg**

### Abbreviations

OD meaning Once daily Mistaken as “right eye” (OD-oculus dexter), leading to oral liquid medications administered in the eye SO it can be fatal

QD (Every day), QOD (Every other day), Q1d (Daily) If any of them in choices choose them ..... Because these abbreviations can be mistaken with QID (Four times daily).

-Considerable variation occurs in the use of capitalization, italicization and punctuation in abbreviations.

The following list shows the abbreviations that are not often encountered by pharmacists:

A, aa., or aa = of each ,dil = dilute , ad = to, up to D.C.,dc, or disc. = discontinue, a.d. = right ear , a.s. = left ear a.u. = each ear, both ears o.d. = right eye , o.l. or o.s. = left eye ,o.u. = each eye, both eye, disp. = dispense

, ad lib = At pleasure freely, div. = divide, to be divided,, d.t.d. = give of such doses,, aq. = water,,

DW= distilled water, D5W= dextrose% in water, asa = aspirin ,e.m.p. = as directed ,et = and, ex aq. = in water

BP = British pharmacopeia, BSA = body surface area c.or c = with ,ft = make , amp. = ampoule ,

cap or caps = capsule, Inj. = injection , IM =intramuscular ,IV = intervenes,, Pulv. = powder,,

Gtt or gtt = drop, drops,, elix = elixir,, comp. = compound, compounded,, g or GM =gram , gr or gr = grain,,

gal = gallon,, Cc or cc. cubic centimeter ,oz. = ounce, M2 or m2 = square meter ,  $\mu$ l or  $\mu$ L = microlitre,

Mcg, mcg or  $\mu$ g = microgram,, l or L = liter,, Lb = pound ,, mEq = milliequivalent,, mg = milligram

ml or Ml = milliliter fl or fld = fluid ,fl oz = fluid ounce dl or dL = deciliter ,cp = chest pain

D.A.W. described as written GI = gastrointestinal ,Non rep. = do not repeat H = hypodermic

NPO = nothing by mouth,N.S., NS = normal saline ,  $\frac{1}{2}$  NS = half-strength normal saline

O = pint,, IVP = intervenous push ,q.d.s = q.i.d = four times per day ,p.r = for the rectum

qgh means every 4 hours IVPB = intervenous piggyback OTC = over the counter K =POTASSIUM

PDR = Physicians, Desk Reference  $\mu$  = Greek mu

M = mix N & V = nausea & vomiting N.F. = National formulary Ppt = precipitated p.o. = by mouth

Pr = for rectum Pv = vaginal use Prn or p.r.n. = as needed Pt. = pint ante = before a.c. = before meals

p.c. = after meals h or hr. = hour q. = every q.h. = every hour q.d. =every day q.4 hr. = every 4 hours b.i.d. =

twice daily a.m. = morning Noct. = night, in the night h.s. = at bed time

11- p.r.n = **when required (when needed)**

44-P.C: **after meal** P.R.N: **as needed** A.c: **before meal** QID=QDS=**4times daily**

144- PPM mean:- **part per million OR million part**

153- The latin abbreviation for(state):- **Immediately**

395- According to FDA the most dangerous abbreviation that shouldn't be written on prescription is??? **Prn**

396- 85 years man have pain in joint .. what the most dangours abbreviation put in prescription ? OD

### Committees and drug productions

- ✓ **NB:** c-pharmacoeconomics(cost)--- pharmacognosy(plants)
- ✓ A "meta-analysis" is a statistical approach to combine the data derived from a systematic-review. so the answer is meta analysis or systematic review .

163- Pharmacy and therapeutic committee maintain of formulary of drug

540-Pharmacy and therapeutic committee management of the drug

177-how many phases applied to drug to be approved by FDA 4phases

164 - When the pharmacopeia put the drug as phase 4 safety

389-when FDA needs more experiments, analysis and researches about a drug in phase 4 it means : need more researchs about saftey

166-which of the following used to deal with adverse drug effects pharmacovigilance(safy)

168- a study in which we use different studies to make a conclusion : meta analysis

meta analysis is not exist so will be the answer Systematic review

587- Studies in which data collected from different studies systematic review

Note : meta analysis is better answer if not exist the answer will be systematic review

179- FDA Fast Track what this mean: drug that shows promising results for life-threatening disease with NO others available can do that

6-FDA Fast Track what this means: A drug that shows promising results for life-threatening disease with NO others available can do that

312- A hospital on formulating drugs, Efficacy, Work overload, and Costs are taken in concern. A, B, C, D, and E are antifungal drugs available in the market. All have the same efficacy. The hospital was using drug E for a period of time. According to the following data which drug is best to be used by the hospital: 2.25 BID 7 DAYS

### pharmacy practice and laws

- ✓ notes -if the prscription contain opoids the prescription must have Patient name
- ✓ •Levothyroxine is considered the treatment of choice for the control of hypothyroidism during pregnancy.
- ✓ •Due to alterations of endogenous maternal thyroid hormones, the levothyroxine dose may need to be increased during pregnancy and the dose usually needs to be decreased after delivery.
- ✓ (The label must contain the pt. name due to no other pt. take this drug ,,,, Prescription must contain physician name )
- ✓ N.B: Levothyroxine is taken on an empty stomach approximately half an hour to an hour before meals

178-prescription label should contain physician name

242- The prescribion of drug should contain: prescriber name

201- if a medication error happened , the first person to refer to : prescriber

444-the LABEL of drug should has: Patient name

182- Unit dose cassettes in hospital has doses of: day

459-Benefits of using the unit- dose system: To decrease medication errors (dose errors)

245- Unit dose system in hospital : to decrease medication error

218--storage of narcotic prescriptions according to Saudi national regulations 36 months

219-You should keep the prescription of narcotics in the pharmacy for five years

241- The most error that may occur when a patient is transferred from one unit of facility to another Missing drug he was taking

257-The ethical principle of veracity requires that: we act with honesty, without deception.

260- Following the ethical principle of nonmaleficence requires that pharmacists: avoid, remove or prevent harm from people

258- The style of management in which the owner of a pharmacy emphasizes the development of detailed policies and written procedures for employees to observe at all times is referred to as: bureaucratic

263- The responsibility of pharmacist in hospital is deal with drug interaction

464- The task of pharmacists and medicine centers& hospitals Control formulary of drugs

310-Which one of the following cannot be dispensed without prescription: Doxycycline

435- A small group of medications in any health organization that medical staff deal with them in caution and their loss from the place cause a very serious problem so there is special way to store and dispense them High alert drugs

556- drugs that physician should care when using it low therapeutic index

238-Man came to ER vomiting and dizzy...after he ingested toxic dose of certain drug Which is the most important step? Watch the vital signs and Make them normal

436- Sign of shock: Hypoperfusion

528- month-old baby with a history of premature birth and chronic lung disease is admitted to the pediatric intensive care unit with respiratory distress requiring intubation; fever; and a 3-day history of cold-like symptoms. A nasal swab is positive for RSV. Which one of the following is the best intervention? D.  
Intravenous fluids and supportive care

558- PQ is a 75 year old patient who has just been diagnosed with hypothyroidism. Her past medical history is significant for congestive heart failure, type 2 diabetes mellitus, osteoporosis and chronic stable angina, all of which are well-controlled. Her medications include: Metoprolol 25 mg bid Calcium carbonate 1250 mg bid Vitamin D 1000 IU daily Glyburide 2.5 mg bid Enalapril 10 mg bid Furosemide 40 mg daily Nitroglycerin SL spray prn

\*PQ should be started on a low dose of levothyroxine because of her: age

Q- Appropriate counselling and follow-up for PQ with initiation of levothyroxine includes all of the following, EXCEPT: take levothyroxine on a full stomach for greater absorption.

Q- Which of the following parameters is the most appropriate for PQ's self-evaluation of the effectiveness of levothyroxine therapy? . Increased energy

635- a pregnant woman in her third week she take levothyroxine 100 mcg , you advise her : increase the dose of levothyroxine

#### calculations

266- Pka for normal water in room temperature : 14

375- Sodium bicarbonate antacid makes an out elimination of ) pka=1.2, weak acid

361- Amount of water in adult male 60% female about 55%

- Vd=dose/co
- Vd = Volume of distribution
- Co = Conc. of drug in plasma at zero time
- Loading dose = Vd x C<sub>ss</sub>
- Loading dose = Vd [C<sub>2</sub> - C<sub>1</sub>]
- Loading dose: is the dose needed to reach steady state
- C<sub>ss</sub> = Concentration of the drug in blood at steady state
- C<sub>1</sub> = Concentration of the drug in plasma
- C<sub>2</sub> = Concentration of the drug needed to add to C<sub>1</sub> to reach required conc

At steady state rate of drug input=rate of elimination

- Time required to reach steady state (T<sub>ss</sub>) = 4.5 or 5 t<sub>1/2</sub>
- Half life (T<sub>1/2</sub>) = the time required for the concentration of a substance in the body to decrease by half.
- Therapeutic index (TI) =LD<sub>50</sub>/ED<sub>50</sub>
- LD<sub>50</sub> = Median Lethal Dose is the amount of an agent that is sufficient to kill 50 percent of a population of animals
- ED<sub>50</sub> = Median Effective Dose is the dose that produces a quantal effect in 50% of the population
- Drugs with narrow TI = highly dangerous

- Bioavailability =AUC/conc  
 Bioavailability = AUC ((oral)) /AUC ((iv)) x 100  
 Bioavailability =plasma conc of drug by any route/plasma conc of drug by iv AUC = Area Under Curve

- Specific gravity = Wt. of substance ((Kg)) / Wt. of equal amount of water ((L))
- Specific gravity = mass unit volume of sub. / mass unit volume of water
- Specific gravity = Denisty of sub. / Denisty of equal amount of water
- Denisty = Mass ((gm)) / Volume ((ml)) .. or Kg/L

- mEq = Wt. ((mg)) x valency / M.wt
- mEq = milliequivalent

**Clearance Laws:**

- Clearance (Cl<sub>s</sub>) = 0.693 x Vd / T<sub>1/2</sub>
- Vd=dose/co
- Cl<sub>s</sub>=rate of elimination/drug conc
- Cl<sub>s</sub> =renal cl<sub>s</sub> +non renal cl<sub>s</sub>
- Cl<sub>s</sub> = Ke x Vd ..... Ke = elimination rate constant
- Creatinine clearance for male =(140 - age)x weight /72 x ser. Creatinine
- Cr.cl<sub>s</sub> for female = Cr.cl<sub>s</sub> for male x 0.85

**Molality Laws :**

- Molality ((m)) = No. of moles of solute / Kg mass of solvent
- No. of moles = Wt. of solute / M.wt
- Mass ((M)) = Denisty ((D)) x Volume ((V))

**Molarity Laws :**

- Molarity ((M)) = No. of moles of solute / L volume of solution

**Osmolarity laws:**

- Millimoles = [ wt. of sub. ((gm)) / M.wt ] x 1000 □
- mosm = millimoles x no. of species
- Examples Of no. of species:  
 Ex1: NaCl = 1 Na + 1 Cl = 2 ----- Ex2: CaCl<sub>2</sub> = 1 Ca + 2 Cl = 3  
 --- check problems No. 11 & 12

**Some conversions**

Kg = 2.2 Pound (( lb ))	Tempreture:
Grain = 0.065gm	F = Fehrenhiet – C = clsius
Tea spoonful (( tsp )) = 5 ml	5F = 9C + 160
Table spoonfull (( tbsp )) = 15 ml	Length: 1foot (( ft )) = 12 inch
16 drop (( dp )) = 1 ml	1inch =2.54 cm
1 fluid ounce = 30 ml	PPM = Part Per Million = mg / L
1 L = 0.22 Gallon	
1 L = 10 Decilitre	

**Some Molculer weights you may use:**

HCl = 36.4	Kcl = 74.5
NaCl = 58.5	NH <sub>4</sub> Cl = 53.5
CaCl <sub>2</sub> = 111	MgCl <sub>2</sub> = 95.2

- 10% w/w = 10 gm in 90 gm  
 (( total wt. = 100 gm )) ----- w/w = gm in gm
- 10% w/v = 10 gm in 100 ml  
 (( total voume = 100 ml )) ----- w/v = gm in ml
- 10% v/v = 10 ml in 90 ml  
 (( total voume = 100 ml )) ----- v/v = ml in ml

Some other laws haven't be used till now but may be useful for you (( just read )) :

- Child dose = wt (( lb )) / 150 x adult dose
- Child dose = age / (age+12) x adult dose
- E = Extraction ration = drug elimination of an organ eg. ((Liver)).
- E = [arterial drug conc. - venous drug conc.] / arterial drug conc.
- Cl<sub>s</sub> of liver = E x hepatic blood flow .

<p>1- amount of drug is 5 mg in 1 ml what the amount of drug in 1 tsp in microgram <u>25000</u>  <b>Answer:</b> 1 tsp = 5 ml            5 mg .... 1 ml            X mg .... 5 ml  <math>X = 5 \times 5/1 = 25 \text{ mg} = (25 \times 1000) 25000 \text{ mcg}</math></p>	<p>3-5ml of injection that conc. 0.4% calculate the amount of drug? <u>20mg</u>  <b>Answer:</b>            0.4 gm ... 100 ml            X gm ... 5 ml  <math>X = 5 \times 0.4/100 = 0.02 \text{ gm} = (0.02 \times 1000) = 20 \text{ mg}</math></p>
<p>2- A solution is made by dissolving 17.52 g of NaCl exactly 2000 ml. What is the molarity of this solution?  <u>0.15</u>  <b>Answer:</b> Molarity=mole/volume (L)            1 Mole=molecular weight of subs. In 1 grams            No of Moles = wt / Mwt            So, molecular weight of NaCl=23+34=57 So,            Mole=17.52/57=0.307            So, Molarity=0.307/2=0.153</p>	<p>4-An elixir contains 0.1 mg of drug X per ml. HOW many micrograms are there in one tsp of the elixir  <u>500 micrograms</u>  <b>Answer :</b>            0.1 mg in 1 ml            X mg in 5 ml  <math>X = 0.1 \times 5 / 1 = 0.5 \text{ mg} = 500 \text{ micro}</math></p>
<p>5- sol contain D5W another one contain D50W we want to prepare sol contain D15W its volume is 450ml ... how much ml we need of each sol <u>D50w/D5w=10/35</u>  <b>Answer:</b>            try the choices ratio in the equation :  <math>(C_1 \times V_1) + (C_2 \times V_2) = (C \times V)</math>  <math>(50 \times 10) + (5 \times 35) = (15 \times 45)</math>  <b>Another answer :</b>  <math>(X) 50 \text{ ----- } 10 \qquad 15 - 5 = 10</math>  <math>\qquad 15</math>  <math>(Y) 5 \text{ ----- } 35 \qquad 50 - 15 = 35</math>  <math>X / Y = 10 / 35 \text{ ----- } Y = 3.5 X</math>  <math>X + Y = 450 \text{ ----- } X + 3.5 X = 450</math>  <math>4.5 X = 450 \text{ ----- } X = 450 / 4.5 = 100 \text{ Y} = 3.5 X = 3.5 \times 100 = 350</math>  <math>X = \text{amount of D50w} \dots Y = \text{amount of D5w}</math></p>	<p>6- prescription hydrocortisone 2% Cold cream 60gm You have concentrations of hydrocortisone 2.5% &amp; 1% how many grams will you use from two concentration? <u>20gm from 1% and 40gm from 2.5%</u>  <b>Answer:</b> try the choices ratio in the equation  <math>(C_1 \times V_1) + (C_2 \times V_2) = (C \times V)</math>  <math>(1 \times 20) + (2.5 \times 40) = (2 \times 60)</math>  <b>Another answer :</b>  <math>(X) 2.5\% \text{ ----- } 1 \qquad 2 - 1 = 1</math>  <math>\qquad 2\%</math>  <math>(Y) 1\% \text{ ----- } 0.5 \qquad 2.5 - 2 = 0.5</math>  <math>X / Y = 1 / 0.5 \text{ ----- } X = 0.5 Y</math>  <math>X + Y = 60 \text{ ----- } 0.5 Y + Y = 60</math>  <math>1.5 Y = 60 \text{ ----- } Y = 60 / 1.5 = 40 \text{ X} = 0.5 Y = 0.5 \times 40 = 20</math>  <math>X = \text{amount of 2.5 \%} \dots Y = \text{amount of 1\%}</math></p>
<p>7-Prescription hydrocortisone 2% w/w Cold cream 60gm you have hydrocortisone solu. 100 mg/ml .. how many milliliters will you use from the solution ? <u>20 ml</u>  <b>Answer :</b>            2% w/w = 2% x 100gm = 2 gm            means the prep. needs 2 gm of hydrocortisone            0.1 gm in 1 ml            2 gm in X ml  <math>X = 2 / 0.1 = 20 \text{ ml}</math></p>	<p>8- if we have 0.8687g CaCl2 in 500 ml solvent , density of the solvent is 0.95 g/cm3. Find the molality  <u>0.0165 Molal</u>  <b>Answer :</b>            Moles = mass/m.wt = 0.8687 / 111 = 0.00782            Weight = density x volume = 0.95 x 500 = 475 gm = 0.475 kg            Molality = moles / kg of solvent = 0.00782/0.475 = 0.0165 molal</p>
<p>9. How gm of substance X must added to 2000 gm of 10% substance X solution in order to prepare 25% of substance x solution <u>400 gm</u>  <b>Answer:</b> <math>(C_1 \times V_1) + (C_2 \times V_2) = (C \times V)</math>  <math>(100\% \times X \text{ gm}) + (10\% \times 2000 \text{ gm}) = (25\% \times 2000 + X \text{ gm})</math>  <math>100X + 20,000 = 50,000 + 25X</math>  <math>100X - 25X = 50,000 - 20,000</math>  <math>75X = 30,000</math>  <math>X = 30,000/75 = 400 \text{ gm}</math>  <b>Another answer :</b>  <math>100\% \text{ ----- } 15 \qquad 25 - 10 = 15</math>  <math>\qquad 25\%</math>  <math>10\% \text{ ----- } 75 \qquad 100 - 25 = 75</math>            so the ratio between 100% : 10 % to reach 25% = 15 : 75            2000 gm ----- 75</p>	<p>11-How many mOsm are present in 1 liter of sodium chloride injection (Mwt: sodium chloride= 58.5) ?  <u>308 mosm</u>  <b>Answer :</b>            Note ; normally conc. of NaCl injection = 0.9% that means 0.9 gm in 100 ml that means 9 gm in 1 L ..... <u>Step 1.</u>            millimoles = wt (gm) / Mwt (gm) x 1000 = 9 / 58.5 x 1000 = 154            Note ; millimole = wt (mg) / Mwt (gm)            ..... <u>Step 2.</u>            mOsm = millimoles x no. of dissosiation particles = 154 x 2 = 308 mosm</p>

<p>X gm ----- 15  <math>X = 2000 \times 15 / 75 = 400 \text{ gm}</math></p>										
<p>10- How much water (in milliliters) should be added to 250 mL of 1:500 w/v solution of benzalkonium chloride to make a 1:2000 w/v solution <u>0.4L</u>  <b>Answer:</b>  <math>250/500 = 0.5</math>  <math>250/2000 = 0.125</math>  <math>0.5 - 0.125 = 0.375</math></p>	<p>15. how many gm of water add to 5% KCL soln to make 180 gm of solution(w/w)? <u>171 gm</u>  <b>Answer:</b>  <math>5\text{gm}-----100</math>  <math>X\text{gm}-----180</math>  <math>X = 5 \times 180 / 100 = 9 \text{ gm}</math>          So, the amount of water is:- <math>180 - 9 = 171 \text{ gm}</math></p>									
<p>12-A solution contains 448 mg of KCl (MW=74.5) and 468 mg of NaCl (MW = 58.5) in 500mL. What is the osmolar conc. of this solution ? <u>0.056 Osm/l</u>  <b>Answer :</b>          -For ( KCl ) : <math>0.448 \text{ gm in } 500\text{ml}</math>  <math>X \text{ gm in } 1000 \text{ ml} \quad X = 0.896 \text{ gm}</math>  <math>\text{moles} = 0.896 / 74.5 = 0.012</math>  <math>\text{Osm} = \text{moles} \times \text{no. of dissosation particles} = 0.012 \times 2 = 0.024</math>          - For NaCl  <math>0.468 \text{ gm in } 500 \text{ ml}</math>  <math>X \text{ gm in } 1000 \text{ ml} \quad X = 0.936 \text{ gm}</math>  <math>\text{moles} = 0.936 / 58.5 = 0.016</math>  <math>\text{Osm} = 0.016 \times 2 = 0.032</math>  <math>\text{Total osmolar conc. of sol.} = 0.032 + 0.024 = 0.056 \text{ Osm/l}</math></p>	<p>16.hypoparathyroid patient with tingling and numbness has the following lab result so what is value of calcium correlative to albumin when below 45</p> <table border="1" data-bbox="841 611 1588 720"> <thead> <tr> <th></th> <th>Result</th> <th>Normal</th> </tr> </thead> <tbody> <tr> <td>Calcium</td> <td>1.6</td> <td>2.25-2.6</td> </tr> <tr> <td>Albumin</td> <td>34</td> <td>18-56</td> </tr> </tbody> </table> <p><b>Answer is 2.3</b>          N.B: 2.3 is a Conistant value you have to know</p>		Result	Normal	Calcium	1.6	2.25-2.6	Albumin	34	18-56
	Result	Normal								
Calcium	1.6	2.25-2.6								
Albumin	34	18-56								
<p>13. A Patient weighting 80 Kg is supposed to receive a drug at a dose of 2mg/kg/day. What is the dose that the patient should take for each day: <u>160 mg</u></p>	<p>14. Drug X is a given to a 70 Kg patient at an infusion rate of 0.95 mg/kg/hr. How much drug we need for a 12-hr infusion bottle <u>798 mg</u></p>									

<p>17. in clinic patient prescriped with a 500mg dose of aspirin , initial plasma conc is 100mg .. With half life 6 hours calculate total body clearance ? <u>0.5 L/hr</u>  <b>Answer:</b> <math>Vd = \text{dose} / \text{initial conc} = 500 / 100 = 5L</math>  <math>..... T1-2 = 6 \text{ hr}</math>  <math>Cl = 0.693 Vd / T1-2 = 0.693 \times 5 / 6 = 0.5775 \text{ L/hr}</math></p>	<p>18. - aminophylline (80%theophylline) was prescriped for asthmatic patient in a dose of 500mg , half life =6.93 hours how many hours will it take to reach below 2 % ? <u>42 hr</u>  <b>Answer:</b>  <math>(80\%) \dots T1\dots (40\%) \dots T2\dots (20\%) \dots T3\dots (10\%) \dots T4\dots (5\%) \dots T5\dots (2.5\%) \dots T6\dots (1.25\%)</math>  <math>\text{Time} = 6 \times T1/2 = 6 \times 6.93 = 41.5 \text{ hr}</math></p>
<p>19. Drug aminophylline (80% theophylline) in 500ml sln . Half life 6 h .what is the concn of theophylline after 1 day ? <u>5%</u>  <b>Answer:</b>  <math>1 \text{ day} = 24 \text{ hr} = 4 T1-2</math>  <math>(80\%) \dots\dots\dots T1\dots (40\%) \dots T2\dots (20\%) \dots T3\dots (10\%) \dots T4\dots (5\%)</math></p>	<p>20.For 1 litre of NaCl 3% calculate the osmolarity m.wt=58.5 ???? <u>1026</u>  <b>Answer:</b>  <math>3\% \text{ means } 3\text{gm in } 100 \text{ ml} \dots \text{ that means } 30\text{gm in } 1L</math>  <math>\text{No. of moles} = \text{wt} / \text{Mwt} = 30 / 58.5 = 0.513 \text{ mole}</math>  <math>\text{Osm} = \text{no. of mole} \times \text{no. of dissosation particles} = 0.513 \times 2 = 1.026</math>  <math>1.026 \times 1000 = 1026 \text{ mosm}</math></p>
<p>21. If we give 250 ml of a drug and the area under curve was 112mg/hr/L and after that we give 500 ml and the area under curve was 56 mg/hr/ml The bioavilability decreased by <u>25%</u>  <b>Answer:</b> <math>\frac{250\text{ml}}{500 \text{ ml}} \times \frac{112}{X}</math> so <math>X = 122 \times 500 / 250 = 224</math>          But real auc was = 56</p>	<p>drug A taken IV and drug B taken orally the AUC of A =300 and Auc of b =225          what is biovalbility of drug <u>75%</u>  <b>Answer:</b>  <math>\text{Bioavailability} = \text{auc oral} / \text{auc iv} \times 100 = 225 / 300 \times 100 = 75\%</math></p>



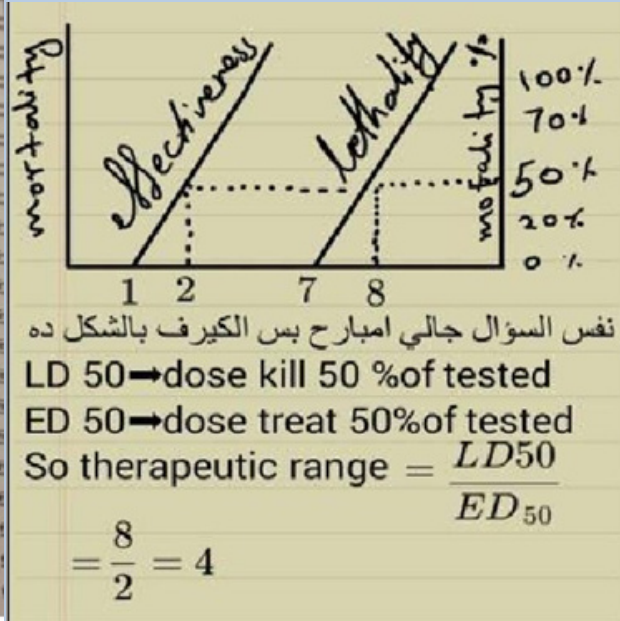
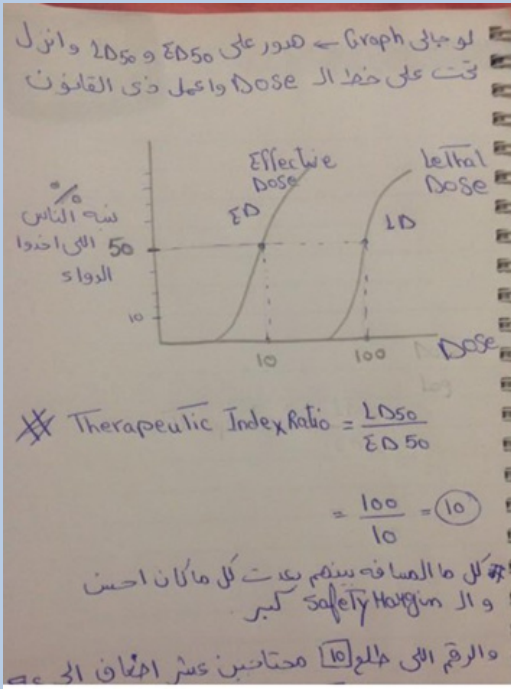
<p>So the bioavailability decreasing = <math>56/224 \times 100 = 25\%</math></p>	
<p>26. A patient takes levofloxacin 250mg/ml , the pharmacist has levoflaxacin injection 500mg / 20 ml , the concentration needs to be dilated for patient .. which of the following concentration is more accurate: <u>10 ml</u>  <b>Answer :</b>          500 mg in 20 ml          250 mg in X ..... so <math>X = 20 \times 250 / 500 = 10 \text{ ml}</math></p>	<p>a drug is given as iv infusion in a rate of 2mg/hr ,its T1-2 = 2hr , how much mg of the drug we need to reach steady state <u>20mg</u>  <b>Answer :</b>          We reach steady state after 5 T1-2 = <math>5 \times 2 = 10\text{hr}</math>          2mg ...ever... 1 hr          Xmg ...after... 10 hr  <math>X = 2 \times 10 / 1 = 20\text{mg}</math></p>
<p>23.T 1/2 .. in frist line is <u>0.693/ k</u></p>	<p>25. a drug with T1/2 = 72hr , the body will recive complete dose after ; <u>2weeks</u>  <b>Ans:</b> We will reach Steady state after 5 half-life = <math>5 \times 72 = 360\text{hr} = 2\text{weeks}</math></p>
<p>27. prscription for a child contain Omeprazol syr. 10 mg/ml twice daily for a week .. you have Omeprazol capsul 20 mg in your pharmacy, how many capsules are needed to prepare solution with concantration 2 mg/ml ?? <u>7 cap.</u>  <b>Answer:</b>          10 mg/ml twice daily for a week = 140          20 _____ 1          140 _____ X  <math>X = 140/20 = 7</math></p>	<p>28. Drug 500mg and 300mg eleminated outside the body and t1/2=5hr and another drug same first one but with conc 1000mg .. how many hrs it take to eliminate 600mg ot of the body? <u>5 hrs</u>  <b>Answer :</b>          CLs=rate of elimination /drug conc  <math>CLs1 = 300/500 = 0.6</math>  <math>Vd = t1/2 \times cl_s / 0.693 = 5 \times 0.6 / 0.693 = 4.3</math>  <math>CLs2 = 600/1000 = 0.6</math>  <math>t1/2 = 0.693 \times v_d / cl_s = 0.693 \times 4.3 / 0.6 = 5 \text{ hrs}</math></p>
<p>29. HOW can prepare 100 ml of 12% MgCl by taking? a-12ml of MGCL dissolve in 100 ml water ? <u>12 gm of MGCL dissolve in 100 ml water</u>  <b>Note ;</b> w/v = g/ml ..... ex ; 4% w/v means 4 gm in 100 ml</p>	<p>30. man 40 years and 80 kg sr ce 0.5 mg/dl find creatinie clearance mg/ml : <u>222</u>  <b>Answer :</b>          Cr.cl for male = <math>(140 - \text{age}) \times \text{weight} / 72 \times \text{ser. Creatinine}</math>  <math>= (140 - 40) \times 80 / 72 \times 0.5 = 222</math>          N.B : The same data for female the answer is : <u>189</u>          Cr.cl for female = Cr.cl for male <math>\times 0.85 = 222 \times 0.85 = 188.7</math></p>
<p>31.15 g of drug is added in 150mg of a solvent. Then what is the total concentration of drug in the final mixture: <u>9.10%</u>  <b>Answer:</b>  <math>15 + 150 = 165</math>          15 g in 165          X g in 100  <math>X = 100 \times 15 / 165 = 9.10</math></p>	<p>32. A bag containing 250 ml of 25000 IU heparin The patient weigh 70 kg should receive 10 IU/kg/hr ...calculate the amount in ml the the patient should recieve in one hour... <u>7 ml</u>  <b>Answer:</b>          10 iu for 1 kg          X iu for 70 kg  <math>X = 70 \times 10 / 1 = 700 \text{ iu}</math>          250 ml of 25000 iu X          ml of 700 iu  <math>X = 700 \times 250 / 25000 = 7 \text{ ml}</math></p>
<p>33.Patient with prescription of Captopril 50 mg per tab with a dose of 100 mg daily for 4days and you only have the 25 mg tab .. How many tablets you will dispense ? <u>16 Tab</u>  <b>Answer :</b>          100 mg daily for 4 days = 400 mg  <math>400/25 = 16 \text{ tab}</math></p>	<p>34.A problem with the following data          Dose = 1000          Initial conc =10          Elimination rate constant=0.1 Calculate total clearance ?? <u>10 litre</u>  <b>Answer:</b>  <math>Cl = v_d \times k_{el}</math>  <math>V_d = \text{dose}/\text{conc} = 1000/10 = 100</math> <math>Cl = 0.1 \times 100 = 10</math></p>
<p>35.Problem with the following data : Density = 1.75 g/cm<sup>3</sup>          Mass = 15 gm ,          Calculate the Volume ? <u>8.52</u>  <b>Answer:</b>          Denisty = mass / volume</p>	<p>36.Prescription contain : Clindamycin 1.5% dilution with alcohol up to 300 ml you have a bottle 100 ml of 10% clindamycin how many millelitres will you use <u>45</u>  <b>Answer:</b> 1.5                    100             X                    300                    so    X=4.5          10    100</p>

<p>volume = <math>15 / 1.75 = 8.57</math></p> <p>37.A drug with Conc. 400 m and T1/2 = 12 hr.s the concentration will decrease after 1 day by ... <b>75%</b> <b>Answer:</b> 24 hr.s = 2 half lives (400) ...T1 ... (200) ... T2 ... (100) so you lose 300 of the drug ( <math>300 / 400</math> ) x 100 = 75%</p>	<p>4.5 X so X=45</p> <p>38. A drug should be given 50 ml of 2 meq/ml , but available concentration is 10 meq/ml, How many ml should dispense to patient? <b>10 ml</b> <b>Answer:</b> 2mg ----1ml X mg----50ml X = 50 x 2 =100ml 10mg-----1ml 100 mg----- X X = 100 x 1 / 10 =10 ml</p>
<p>39. 30gm of 1% hydrocortisone mixed with 40 gm 2.5% hydrocortisone what is the concentration of the resulting solution? <b>1.85%</b> <b>Answer :</b> <math>C1.V1 + C2.V2 = C3.V3</math> <math>30\text{gm} \times 1\% = 0.3\text{gm}</math> <math>40\text{gm} \times 2.5\% = 1\text{gm}</math> So, 1.3 gm is in 70 gm So, the con. = <math>1.3/70=1.857\%</math></p>	<p>40. if we have 90% of substance X solution , 50% of substance X solution , how mixing both to give 80% of substance X solution ? <b>3 : 1</b> <b>Answer :</b> We should try all answer with that equation <math>(C1 \times V1) + (C2 \times V2) = (C \times V)</math> <math>(90\% \times 3) + (50\% \times 1) = (80\% \times 4)</math> ( 270 ) + ( 50 ) = ( 320 ) ( 320 ) = ( 320 ) so the answer is 80% <b>Another answer :</b> 90%            50%                   80% 30                10 So .. 90/50 to reach 80 % equal 30/10 = 3/1</p>
<p>41. - prep. contain coal tar 30 part ... petroleum 15 part ... adeq. to 150 part ... what conc. of coal tar in 500 ml: <b>100 part</b> <b>Answer:</b> 30 part present in 150ml of prep. X part present in 500ml of prep. so, conc. of coal tar in 500ml=<math>30 \times 500 / 150 = 100</math> part</p>	<p>42.How many grams needed from drug in one teaspoonful , if 5 tspfull doses contain 7.5 gm of drug <b>1.5</b> <b>Answer:</b> 7.5gm in 5 tsp X gm in 1 tsp X = <math>7.5 \times 1 / 5 = 1.5</math> gm N.B: 1 tsp = 5 ml</p>
<p>43.KI solu. has 0.5mg/ml dissolve in 30ml water calculate the amount of KI in the solu. ? <b>15mg</b> <b>Answer :</b> 0.5 mg in 1 ml X mg in 30 ml X = <math>0.5 \times 30 / 1 = 15</math> mg</p>	<p>44. - the dose of drug is 0.5ml per day and the total amount of the drug is 100ml what is the total dose ? <b>200</b> <b>Answer :</b> no. of doses = amount of drug / amount of one dose = <math>100 / 0.5 = 200</math></p>
<p>45.if we have a solvent costs 150 riyal/kg and its specific gravity =1.07 ,so the cost for 100ml of the solvent is : <b>16.05 riyal</b> <b>answer :</b> Weight (Kg) = volume (L) x sp. Gravity ..... 100 ml = 0.1 L wt = <math>0.1 \times 1.07 = 0.107</math> Kg 1 kg cost 150 riyal 0.107 kg cost X riyal X = <math>0.107 \times 150 / 1 = 16.05</math> riyal</p>	<p>46- A patient cholesterol level is equal to 4mM/L. This cholesterol level can be expressed in terms of mg/dL ( molecular weight of cholesterol = 386) <b>154 mg/dL</b> <b>Answer :</b> Conversion from (mM) to (mg) = conc. x molecular weight Conversion from (L) to (dL) = conc. / 10 Conc (mg/dl) = conc. (mMol /L) x mwt / 10 = <math>4 \times 386 / 10 = 154.4</math></p>
<p>47.drug container contain 90 mg each tablet contain 0.75mg. how many doses ? No. of doses = total wt / wt of one dose = <math>90 / 0.75 = 120</math> dose</p>	<p>48- How need prepare benzacainamid conc. 1:1000 ,30cc of benzocainamid solution? <b>30 mg</b> Note : cc = cubic centimeter = <math>\text{cm}^3 = \text{ml}</math> <b>answer :</b> 1gm----1000ml X gm ---- 30 ml X = <math>30 \times 1 / 1000 = 0.03</math> gm = 30 mg</p>
<p>49. The Molal concentration of 0.559 M solution is ; (Mwt=331.23 g/mol) (density of solution =1.157g/ml) <b>0.575</b> <b>Answer :</b> Mass = moles x Mwt = <math>0.559 \times 331.23 = 185.15</math> gm wt of solution = Volume x Density = 1000 ml x</p>	<p>50.Problem asked to calculate Plasma Osmolarity an you have given some data Na 140 ,Cl 103 ,Hco3 18 ,Bun 8 ,S.cl 8 Answer is <b>263</b> <b>N.B:</b> the data of this problem isn't complete here .. 263 is the right answer just know it</p>

<p>1.157=1157 gm so wt of solvent = 1157 - 185.15 = 971.85gm = 0.971 kg molality = moles / kg of solvent = 0.559 / 0.971= 0.575 molal</p>	<p>-in general .. to calculate plasma osmolarity follow this equation : <math>2[Na] + [Glucose]/18 + [BUN]/2.8</math></p>												
<p>51. drug decrease after 2hr to 50% &amp;the user takes it every 2 hr how many hours needed to reach steady state ? <u>10-12</u> <b>Answer:</b> Time to reach steady state ((Tss)) = 4 to 5 T1/2 <math>4 \times 2 = 8</math> ..... <math>5 \times 2 = 10</math> <b>N.B:</b> if there is (( 8-10 )) if choices ... choose it</p>	<p>52. 10g of a drug was dissolved in 150g of solvent, what is the final concentration? <u>6.25%</u> <b>Answer:</b> 10...160 <math>X \dots 100</math> <math>X = 100 \times 10 / 160 = 6.25 \%</math></p>												
<p>53.A physician prescribed paracetamol 120mg/5ml to take 10ml every 8 hours but the pharmacist has only paracetamol 160mg/5ml . what is the volume to be administered to give the effect of the first dose:<u>7.5ml</u> <b>Answer:</b> dose = 240 mg paracetamol 160 mg in 5 ml 240 mg in X ml <math>X = 240 \times 5 / 160 = 7.5</math> ml</p>	<p>54.A drug with conc. 100 mg/ml .. after 1 hr. it decreased to 50 mg/ml .. calculate its concantraion after 3 hours : <u>12.5</u> <b>Answer :</b> 100 .. [1hr] .. 50 .. [2hr] .. 25 .. [3hr] .. 12.5</p>												
<p>55. how many gm of water add to 5% KCL soln to make 100 gm of solution (w/w) ? <u>95gm</u> <b>N.B:</b> 5% (w/w) means 5gm of KCl in 95gm of water and solution total wt=100</p>	<p>56. 1000 mg of drug follow one compartment.. calculate vd ?</p> <table border="1" data-bbox="841 842 1588 911"> <thead> <tr> <th>Time</th> <th>0 hr</th> <th>2 hrs</th> <th>4 hrs</th> <th>6 hrs</th> <th>12 hrs</th> </tr> </thead> <tbody> <tr> <td>Conc</td> <td>80</td> <td>58</td> <td>34</td> <td>28</td> <td>10</td> </tr> </tbody> </table> <p><u>12.5 litre</u> <b>Answer :</b> <math>Vd = \text{dose} / \text{initial conc.}</math> <math>Vd = 1000 / 80 = 12.5</math> L</p>	Time	0 hr	2 hrs	4 hrs	6 hrs	12 hrs	Conc	80	58	34	28	10
Time	0 hr	2 hrs	4 hrs	6 hrs	12 hrs								
Conc	80	58	34	28	10								
<p>57. Drug dose 1000 mg orally</p> <table border="1" data-bbox="66 1052 813 1121"> <thead> <tr> <th>Time</th> <th>0 hr</th> <th>2 hr.s</th> <th>4 hr.s</th> </tr> </thead> <tbody> <tr> <td>Conc</td> <td>40</td> <td>18</td> <td>8</td> </tr> </tbody> </table> <p>What is the Vd of the drug ? <u>25 litre</u> <b>Answer:</b> <math>Vd = 1000/40 = 25</math> L</p>	Time	0 hr	2 hr.s	4 hr.s	Conc	40	18	8	<p>58. HOW can prepare 100 ml of 12% MgCl by taking? <u>12 gm of MgCl dissolve in 100 ml water</u></p>				
Time	0 hr	2 hr.s	4 hr.s										
Conc	40	18	8										
<p>59. How many grams of drug used to prepare 150 ml solution ,, if one tsp contains 7.5 mg of drug <u>0.225 gm</u> <b>Answer:</b> 7.5 mg in 5 ml X mg in 150 ml <math>X = 150 \times 7.50 / 5 = 225</math> mg = ((225/1000)) 0.225 gm</p>	<p>60. Patient takes dose 20 mg/kg/day what is the dose if patient weight 60 pound ? <u>545 mg/day</u> <b>Answer:</b> you have to know .. <b>1 kg = 2.2 pound (lb)</b> 20 mg ----- 2.2 lb X mg ----- 60 <math>X = 60 \times 20 / 2.2 = 545.45</math> mg/day</p>												
<p>61.A child was prisciped a drug with dose 65 mg/kg/hr .. his body weight = 35.2 pound ,,Calculate the dose .. <u>1.040 gm</u> <b>Answer:</b> 35.2 pound = 15.97 kg = about 16 kg 65mg...1kg X mg ... 16 kg <math>X = 16 \times 65 = 1040</math> mg = 1.040 gm</p>	<p>62.Calculate the Specific gravity of a substance of volume = 121.92 ml &amp; wt = 107.5 <u>0.88 s.g.</u> <b>Answer:</b> Denisty = wt. / volume = <math>107.5 / 121.92 = 881.7</math> Sp. Gravity = denisty Of substance / den. Of water = <math>881.7 / 1000 = 0.88</math></p>												
<p>63. The ppm concentration of a <math>6.35 \times 10^{-6}</math>M solution of sucrose (Mwt of sucrose is 342.3 g/mole) is: <u>2.174 ppm</u> <b>Answer :</b> ppm concentration = mass in mg / volume in liters Molar conc means no. of mole in 1 liter,,,then volume= 1L mass = moles <math>\times</math> Mwt = <math>6.35 \times 10^{-6} \times 342.3 = 2.174 \times 10^{-3}</math> gm = 2.174 mg Then 2.174 mg is in 1L = 2.174 ppm</p>	<p>64. A 500 infusion bottle contains 11.729 mg of potassium chloride (KCl). How many mEq of KCl are present? ( Mwt of KCl = 74.6) <u>0.1571 mEq</u> <b>Answer :</b> <math>mEq = \text{wt (mg)} \times \text{valency} / \text{Mwt} = 11.729 \times 1 / 74.6</math> mEq = 0.1572</p>												
<p>65. Fifty micrograms equals: a-50000 ( nanogrames )</p>	<p>66. a 2 mg/L solution , according ppm <u>2 ppm</u></p>												

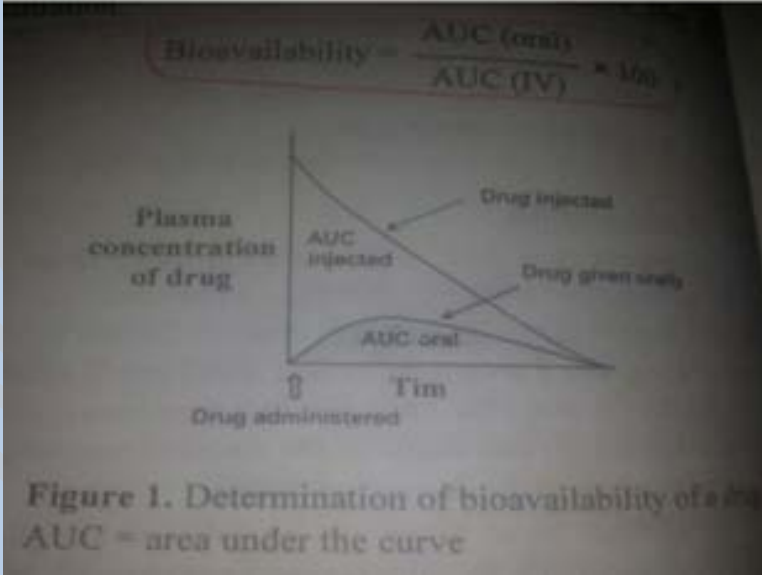
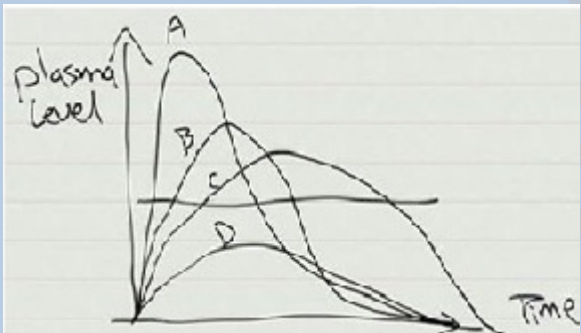
<p>b- 0.05 ( milligrams ) <u>d- a and b</u>  <b>Note</b>; ... mc-g = 1000 nano-g ... milli-g = 1000 mc-g ...  g = 1000 mg</p>	<p>Note ; ppm = mg / L  ppm : part per million</p>
<p>67. What is The Specific gravity of substance has Weight=Y &amp; The volume is X ? <u>Y/X</u>  <b>Answer</b> :  The Specific gravity =Density of the substance/Density of water  Density of water = 1 ..... Density of substance = weight/volume  So, the sp. gravity of sub. =weight (Y) /volume(X)/1 = Y/X</p>	<p>68. drug decrease to 50% of its plasma conc. after 2hr .. we have dose A given each 2hr and dose B given each 4 hour ... in dose B what is the plasma conc. at steady state ? <u>0.5</u></p>
<p>69. Calculate C av .ss 1gm vancomycin for patient 78 kg Taken by infusion rate 12 hr /7 day  T 1/2 =8  Vd = 1 k/l  A. 3  B. 5  C.17  D.19  We can't find the right answer .. try to solve it <input type="checkbox"/></p>	<p>70. Patients on treatment with acyclovir and famcyclovir .. group that treated by acyclovir show recurrence by 27% and who treated by famcyclovir show recurrence by 25%  the ques. is how many patients should take famcyclovir over than who take acyclovir per year to reach equivalent results ?  The answer is : <u>cannot be calculated because of low information</u></p>
<p>71. Patient's dose of some drug is 0.5 mg daily and Vd = 500 L .. his body elimination rate is 110.16 Litre per day ... in the last day about 80 % of the drug was in his blood ,Calculate half life .. <u>3 days</u>  <b>Answer</b>:  Cl=0.693 x vd / T1.5  T1/2 = 0.639 x 500 / 110.16 = 3.14 day</p>	<p>72. Problem with data : drug 10 mg/ml and t1/2= 3 hrs how much hrs needed to reach steady state??  <u>12 - 15</u>  <b>Answer</b>:  Time required to reach steady state (Tss) = 4 - 5 t1/2  4x3=12 ..... 5x3=15</p>
<p>73. drug t1/2= 2h .. dose A taken every 2h and dose B taken every 4h compare plasma concentration a to b  <u>2</u></p>	
<p>74. A half life of a drug decrease by 50% , after how hours will the time needed to decrease to 2% <u>12</u>  <b>Answer</b> :  100% .. [T1] .. 50% .. [T2] .. 25% .. [T3] .. 12.5% .. [T4] ..  6.25% .. [T5] .. 3.1%  .. [T6]  1.5% so we need 6 half lives to reach below 2%  T1/2 = 2 h.  2 x 6 = 12 h.</p>	

75. A problem with thin curve and ask for therapeutic range answer :  $8/2 = 4$   
- in other exams the same curve with LD50 = 20 & ED50 = 5 so TI = LD50/ED50 = 20/5 = 4



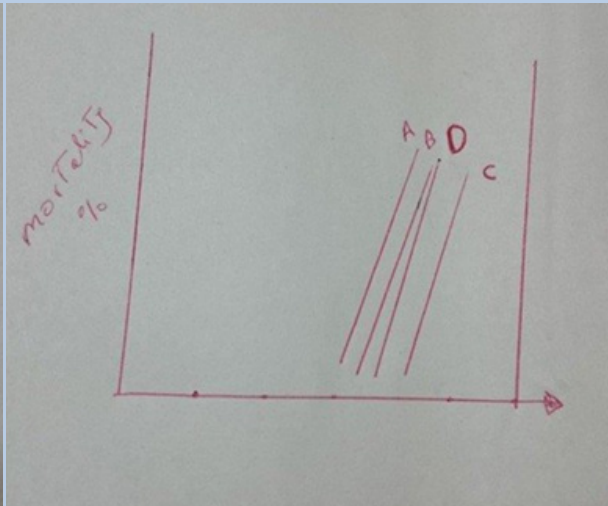
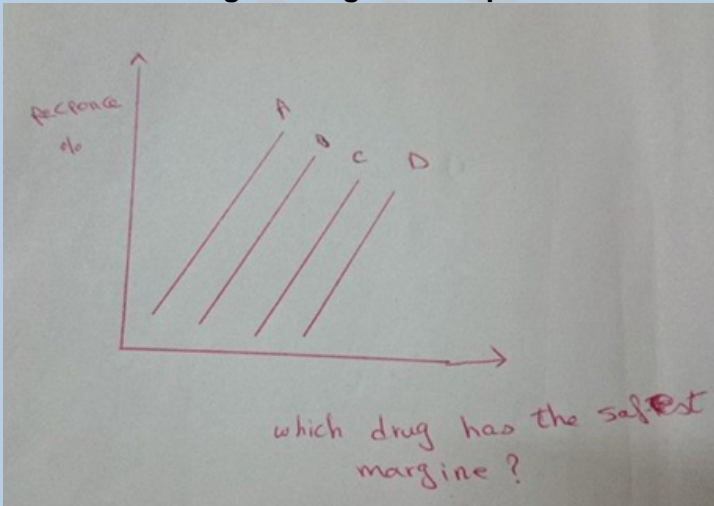
76. which drug has higher bioavailability? **A**

N.B : bioavailability measured by comparing plasma level higher plasma level = higher bioavailability



77. Which drug of the following has the safest margin? **A**

N.B : safest margin = higher therapeutic index



## Summary of the important problems :

1.Molarity of 17.52 NaCl solution : <u>0.15</u>	10.Crcl of Male, 40 y, 80 kg with Scr: 0.5 mg/dL: <u>222ml/min</u>
2.Cold cream with two concentrations : <u>20gm from 1% and 40gm from 2.5%</u>	11.the same problem but for female : <u>189ml/min</u>
3.Cold cream (( how many ml uses )) : <u>20 ml</u>	12.Heparin bag : <u>7 ml</u>
4.Ca correverted to albumin : <u>2.3</u>	13.Captopril : <u>16 tablets</u>
5.Osmolarity of NaCl : <u>1026</u>	14.Clindamycin : <u>45</u>
6.AUC bioavailability ((112, 500)) : <u>25%</u>	15. Plasma Osmolarity : <u>263</u>
7.AUC bioavailability ((300, 225)) : <u>75%</u>	16.Paracetamol : <u>7.5 ml</u>
8.Levofloxacin : <u>10 ml</u>	17 .gm of water add to 5% KCL (( w/w )) : <u>95 gm</u>
9. Omeprazol : <u>7 cap.</u>	

## Pharmacokinetics

### Introduction

- ✓ Notes
  - ✓ Note :  $V_d$  = total amount of drug in the body / drug plasma conc
  - ✓ to reach STEADT STATE for drug follows 1st order it depends on rate of elimination
  - ✓  $V_d$  = total amount of drug in the body / drug in plasma conc so  $v_d$  = increase conc in tissue + decrease conc in plasma
  - ✓ Clearance is defined as the rate of drug elimination divided by the plasma concentration of the drug.
  - ✓ Note: for a drug with one-compartment characteristics, the time to reach steady state is independent of the dose, the number of doses administered, and the dosing interval, but it is directly proportional to the half-life.
  - ✓ -Therapeutic ratio=TD50/ED50 , The larger the therapeutic index (TI), the safer the drug is. If the TI is small (the difference between the two concentrations is very small), the drug must be dosed carefully and the person receiving the drug should be monitored closely for any signs of drug toxicity.
  - ✓ Note : - Black patients have low renin than normal
  - ✓ -ACEI (lisinopril) causes angioedema more in african americans if no ethnicity in choices .. **choose**
- Drug combination**
- ✓ Linear pharmacokinetics is so-called because the graph of the relationship between the various factors.involved (dose, blood plasma concentrations, elimination, etc.) gives straight or an approximation to one. For drugs to be effective they need to be able to move rapidly from blood plasma to other body fluids and tissues.
  - ✓ -The parameter describing dissociation in solution:  $p_k a$

### Absorption :

572-PH measures: **acidity**

557- First-Pass Effect **Blood that perfuses virtually all the gastrointestinal tissues passes through the liver by means of the hepatic portal vein.**

575-Bioavailability **Area under the curve**

281-which of the following decrease gastric emptying rate: b- atropine c- hypothyroidism **d-b&c**

320-enteroHepatic recycling depend on all of the following except: **extent of drug absorption from stomach**

409- Bioavailability refers to the extent and rate at which the active moiety (drug or metabolite) enters: **systemic circulation ( the site of action)**

510- Obese patient what the effect of obesity on absorption of lipid soluble drug **no effect**

N.B no effect on absorption but increase volum of distribution

**1- 85 year-old woman is taking ferrous sulfate to treat an iron deficiency anemia. Changes in which one of the following pharmacokinetic properties associated with aging can most affect this agent? Absorption**

### Distribution :

681- Obese patient what the effect of obesity on distribution of lipid soluble drug **increase**

197--Drug with high Distribution Volume , What Means : **conc. of drug in tissues is higher than that in plasma**

237-45 year old man his volume of distribution is 35 L what the interpretation **drug is highly distributed in.plasma**

264- Plasma conc. Of drug in all body is **rate of distribution**

280- about steady state concentration during IV administration : c-directly proportional to infusion rate ...  
d- inversly proportional to total body clearance e- c&d  
253-Drug stored in the body in a- fat b- protein e- A&B (If youdon't have "a&b" ... the answer will be "fat")

### Metabolism

147- Drug after metabolized in liver it will become:- polar

278- process require CYP450 : Oxidation

368- metabolism in intestine .... Hydrolysis

350- enzyme kinetics law: - Michaelis-Menten law.

589- African American women take lisinopril and another hypertensive drug suffer from nose swelling and other symptoms what make her more suspected to this reaction Ethnicity

602-.Cimetidine is enzyme inhibitor

### Elimination

485-DRUG Clearance means: The elimination of drug from the body

27-total body clearance= CLhepatic+ CLpulmonary +CLrenal

198-A fixed dose of drug that follows 1<sup>st</sup> order elimination depends on :: dose of drug

515-Definition of half-life( $t_{1/2}$ ) Time it takes for the plasma concentration or the amount of drug in the body to be reduced by 50%

564-  $T_{1/2}$  .. in frist line is, 0.693 k

573- If a drug is eliminated by first order elimination, what determines when will it reach steady state?  $t_{1/2}$  half life

479- Linear pharmacokinetics = First order

----Non-linear = Zero order

670-linear pharmacokinetic parameter mean clearance don't changed

### Renal

#### Notes:

- ✓ Erythropoietin should not be started until iron status has been evaluated, and iron supplements should be given first in patients with evidence of iron deficiency. An adequate response to erythropoietin requires the maintenance of sufficient iron stores.
- ✓ -Note Erythropoietin treat anemia induced by CRF by increasing the number of new red blood cells your body
- ✓ Things that may make this therapy less effective include : 1. iron deficiency.. This is the most common reason that erythropoietin may not be effective so ..
- ✓ 1.IRON is the most important mineral during erythropiotin treatment .
- ✓ 2. High levels of aluminum .. which may interfere with your ability to use iron
- ✓ 3. Vitamin deficiencies such as vitamin B12 or folate
- ✓ -Indapamide used in hypertension or for swelling " salt and water retention due to congestive heart failure (Indepamid is thiazide diuretic) indapamide ( natrilix) ---- thiazide diuretic
- ✓ N.b: 1- uricosuric drugs are substances that increase the excretion of uric acid in the urine, thus reducing the concentration of uric acid in blood plasma
- ✓ 2- Allopurinol decrease uric acid synthesis (xanthine oxidase inh.)
- ✓ 3- Probenecid Increase uric acid excretion (prevent uric acid reabsorption) (probenecid is a uricosuric.)
- ✓ -N.B: Microalbuminuria describes a moderate increase in the level of urine albumin. It occurs when the kidney leaks small amounts of albumin into the urine
- ✓ N.B: aminoglycoside may exist instead of spironolactone i.e aminoglycosides and any potassium sparing diuretics(spironolactone ,triamterene and amiloride) is C.I with any kidney diseases
- ✓ -N.B: Thiazide control hypertension in part by inhibiting reabsorption of sodium (Na+) and chloride (Cl-) ions from the distal convoluted tubules in the kidneys
- ✓ Mechanism of action of ACE (Angiotensin Converting Enzyme): converts angiotensin I to potent vasoconstrictor angiotensin II ANGIOTEC is the trade name of Enalapril
- ✓ -Mechanism of action hydrochlorothiazide: inhibition NA reabsorption in the distal tubules causing increased.excretion of sodium and water as well as potassium and hydrogen ions.

---

- ✓ N.B: Due to presence of proteinuria we will choose ACEI drugs such as lisinopril as ACEIs reduce proteinuria

---

- ✓ - Due to the drug of choice in case of renal failure is loop diuretic not thiazides
- ✓ - Calcium is used as prophylaxis of arrhythmia due to hyperkalemia "Calcium gluconate or Calcium

carbonate" both are right

- ✓ N.B: **Metformin is contraindicated with renal failure**
- ✓ - kidney damage=low Creatinine clearance (Crcl) = high serum creatinine

#### Renal failure and supplements:

37-erythropoietin (eprex) is used **for anemia caused by chronic kidney disease**

38- the action of epoetin enhanced with **iron**

99-erythropoietin(eprex) will not be useful in case of **iron deficiency**

525- A patient with renal failure on erythropoietin therapy . which of the following may decrease the effect of therapy: **iron deficiency**

532- Decreased efficacy of epoetin due to deficiency of: **b12**

672-to avoid acute renal failure **maintain hydration**

483- Cockcroft-Gault Equation is used for glomerular filtration and is indicated for **chronic renal failure OR Bilateral renal failure & Bilateral= chronic**

506- which of the following may cause acute renal failure ? **IV radiological substance**

398-Patient has Low creatinine clearance= high serum creatinine=kidney injury contraindicated in this case is? **Spironolactone**

67-A patient has **low Cr. clearance** which drug **contraindicated** in this case is? **Spironolactone**

497. Pt. with Low creatinine clearance= high serum creatinine=kidney injury contraindicated? **Gentamycin**

470-- Magnesium is contraindicated in renal impairment because of **accumulation**

593-Mg antacid for patient with renal failure the antacid will cause **decrease the Elimination Of Mg**

490.ACEI contraindication ? **renal failure**

159-sevelamer used in patients with chronic kidney disease for **Hyperphosphatemia**

441-sevelamer is to treat **Hyperphosphatemia(Renagel)**

592-A patient who is taking sevelamer drug means that he/she suffers from **hyper phosphatemia**

199-Kidney failure patient with hyperkalemia which of the following should be used **calcium gluconate (may use calcium gluconate or calcium carbonate)**

17-A **Kidney failure** patient with **hyperkalemia** which of the following should be used **calcium gluconate ((or CA carbonate))**

74-Analysis For man **65 year renal Failure** Result.: Sodium. 110 normal range ((135 - 145 mEq/L))

Potassium 9 normal range ((3.5 to 5.5 mEq/L))

Urea. 54 normal range ((35 - 40)) .

Serum creatinine. 10. Up to 3.5

----- which of the following? . **0.9% Nacl saline 500ml/ hour**

78-A patient takes multivitamin and his lab results show **high BUN and se.cr ..** What is the cause of these results?

**-Renal insufficiency**

81-A summary of a case that an elderly patient lab results all normal except

high K , **high serum creatinine** , high BUN

what is the cause responsible for these results? **renal insufficient**

88-A patient's **cr clearance is 70%** what should we do with the drug dose which eliminated by kidney? **decrease the dose by 30%**

---kidney disease stage 2 **alkalization of kidney by diuretic**

475-Why creatinine is used as an indicator for renal function: **it's bound to protein that is only excreted by kidney**

517- patient take 4 drugs .. he did kidney function test and the result was high serum cr and high BUN ( blood urea nitrogen)and high potassium serum level so which drug should be stopped **metformin**

#### Diuretics:

66- loop diuretics (furosemide) cause **ototoxicity ( deafness)**

88-diuretic of choice in renal failure: **-loop diuretic**

298- Captopril and Enalapril do all the following except: **Competively blocks Angiotensin II at it's receptors**

489-MOA of. spironolactone (Adverse effect of Spironolactone (**hyperkalemia**

392-Drug prevent Microalbuminuria **ACEI**

538-Class of drugs can transform macroalbuminurea to microalbuminurea : **ACEI**

10- A **hypertensive** and **diabetic** woman , after continuing medication of **pioglitazone** , it's blood glucose level return to normal and in lab reading, the **protein** appears ,, she will take which drug to treat hypertension : **lisinopril**

86-65 years old man **BMI (28.1)** type 1 DM on treatment of Glyburide, metformin, aspirin and hydrochlorothiazide come to hospital for routine check



BP: 117/110 , HR: normal, HbA1c: 7 ,  
 and urine analysis for protein: +ve **proteinuria** (normal negative) for medical intervention in this case: **add lisinopril**  
 488- Drugs induced cough Except **.Losartan** (angiotensin II receptor antagonists)

54-Losartan is better than captopril because... **more effect on angiotensin 2 receptors**  
 -----NB less side effects ((don't cause **dry cough** as captopril)) ... is better answer if found

695-ACEi is contraindicated in --**bilateral renal artery stenosis**

626-which of the following true? **ACEi cause dry cough**

659- A Drug decrease Na&k and increases uric acid reabsorption: **hydrochlorothiazide**

691-drug increase excretion of na,k&increase reabsorption of uric acid **hydrochlorothiazide**

677-antihypertensive drug act by increase of urination **hydrochlorothiazide**

683-Side effect of thiazide diuretic: **Hypokalemia**

424-long long term treatment with thiazide requires **- K(potassium)**

401-Indapamide used in **Essential hypertention**

316-indapamide used in **Pulmonary eodema ----- Essential hypertension**

----if we have choice both of them this choice is correct or if not have both we must choice essential hypertension

	A	B	C	D
Renin conc	↓	↑	↑	↑
Angiotensin 1 conc	↓	↑	↑	↑
Angiotensin 2 conc	↓	↓	↑	↑
Angiotensin Receptor	—	—	↓	—

The answer of table : **\*\*Drug A is anti renin (rennin blocker) \*\*Drug B is ace inhibitor**  
**\*\*Drug C is ARB(angiotensin receptor blocker) \*\*Drug D is diuretic**

359- Allopurinol **Anti-inflammatory**

447-Probencid alters which of the following to prevent penicillin excretion? **renal tubular secretion**

## Toxicology

### Introduction

- ✓ **Note:**
- ✓ **dependence** : increasing the dose of drug associated with withdrawal symptoms if sudden decrease
- ✓ **tolerance** : increasing dose of drug to obtain the same effect

175-toxidrome is **symptoms and signs due to toxicity**

561-.toxiderm meaning: **the syndromes caused by toxin**

629- Toxidrome meaning: **physical signs and symptoms due to specific toxicity syndrome**

221-drug dependence means: **addiction**

222-The following is related to dependence : **increasing the dose of drug associated with withdrawal symptoms if sudden decrease**

223-The following is related to tolerance : **increasing dose of drug to obtain the same effect**

287- in tolerance **patient need more dose to obtain the same effect**

235- Antidote : **antagonism of the toxicity of over dose of a drug**

321-which of the foll. drugs show most multidrug resistance a)antibiotics b)anticancer **c)a&b**

449-Antidote to reduce...**toxicity effect**

### Antidots

	<b>antidote</b>
1-warfarin	I.V vitamin K (phytonadion)
2-Heparin	Protamine sulfate
3-urokinase Streptokinase, alteplase Retepase, Tenecteplase	aminocaproic acid tranexamic acid
4-paracetamol	N- Acetyl cysteine
5-morphine	Naloxone
6-Iron	Deferoxamine

**Notes:**

- ✓ Deferoxamine acts by binding free iron in the bloodstream and enhancing its elimination in the urine
  - Digitalis arrhythmia treatment drugs RESPECTIVELY:
- ✓ 1.lidocaine2.phenytoin3. procainamide4. Propranolol
- ✓ N.B: Aspirin replace heparin in plasma protein bind Increase the effects of heparin. And risk of bleeding
  - Activated charcoal can be used within 4 hours of ingestion

83-reflex tachycardia of hydralazine treated with **propranolol**

271- the action of digoxin can reduced with **a- antacid - e-hyperthyroidism** a & e both are right

273- digitalis arrhythmia can be treated with **lidocaine**

549- treatment of digitalis induced arrhythmia **phenytoin or lidocaine**

437- Antidote of DIGITALIS ? **Fab fragment**

52-antidote of iron toxicity: **desferrioxamine**

413-Drugs act on non-receptor mechanism? **Deferoxamine**

79-A woman found her child drinking iron syrup bottle...she took him to the hospital and did some rays...His body temperature was normal...What should he take? **Desferrioxamine**

174-Antidote for warfarin: **vit k or the other name of it phytonadion** Alternative names of Vit. K(Phylloquinone; K1;) (Menaquinone; K2;) (Menadione; K3)

456-Vitamin k is antidote of **warfarin**

397-drug decreases warfarin action **Multivitamins** (multivitamins contain Vit K vit k in warfarin antidote

486- Antidote of warfarin ,,What other names is Vitamin K known by?

4-Amino-2-Methyl-1-Naphthol, Fat-Soluble Vitamin, Menadiol Acetate, Menadiol Sodium Phosphate, Menadione vit k: **naphthol , menadione**

457-Antidote of heparin is **Protamine sulfate**

15-what is the antidote for methotrexate toxicity: **Leucovorin**

131-Which of the following used to counteract toxicity of a drug after 1 hour of ingestion **activated charcoal**

60-antidote for patient with drowsiness , drymouth ,and pupil constriction **naloxone**

64-theSummary of a case that patient has taken unknown amount of **paracetamol** (acetaminophen) since 8 hours ago... and you have shown some lab results of his tests. what is the suitable choice for this case? - **N-Acetyl cysteine**

**Adverse effects**

**Notes**

- ✓ Gray baby syndrome ----> **Chloramphenicol induced** Gray man syndrome ----> **Amiodarone induced**  
Red man syndrome ----> **Vancomycin induced** ,Lupus like syndrome----> **Hydralazine & Procainamide induced**
- ✓ N.B: 1-The most common medicines known to cause drug-induced lupus are: Isoniazid , Hydralazine Procainamide.
- ✓ 2- lupus is any of various diseases or conditions marked by inflammation of the skin, especially lupus vulgaris or lupus erythematosus
- ✓ Mtformin & metronidazole .. metallic taste Captopril .. loss of taste
- ✓ 251-drug that makes urine red **Rifampicin** ,phenazopyridine, senna laxative,Doxorubicin
- ✓ Brown: metronidazole dark urine,,, nitrofurantoin brown colour
- ✓ Examples of drug inducing hepatotoxicity a- Paracetamol b- Ketoconazole. c- Rifampicin. d- Quinolones.

7-which of the following drug increase the incidence of BPH **chlorpheniramine**

24- Drug induces lupus like syndrome: **Hydralazine & Procainamide**

647-anti arrhythmic cause lupus : procainamide  
207-which of the following conditions have non preventable adverse effect ? tachy cardia with some forgot his dose of anti hypertensive drug and took 3pills  
231-Drug exaggerated insulin metoprolol(masking hypoglycemic symptoms)  
550- cyanide toxicity cardiac toxicity  
230-Drug exaggerated blood glucose hydrochlorothiazide (cause hyper glycemia)  
251-drug that makes urine red Rifampicin, phenazopyridine, senna laxative, Doxorubicin  
267- drug make urine red other than rifampicin? phenazopyridine (Pyridium), and laxatives containing senna  
103- metformin and metronidazol cause : metallic taste  
239- which of the following cause metallic taste metoformin  
119-propylthiouracil cause agranulocytosis  
408-A drug for hyperthyroidism associated with a agranulocytosis is propyl thiouracil  
136- Early symptoms of aspirin poisoning are : ringing in the ears & blurred vision  
193- which of the following is indicator for a toxicity of a drug ) necrosis of liver by acetaminophen  
358-Example of pathological toxicity: -Hepatic necrosis from acetaminophine  
596-which of this groups indicate pharmacological toxicity liver cirrhosis and paracetamol  
452- A Drug causes sodium and water retention indomethacin (Indomethacin if there is no Minoxidil in choices  
574-A drug induces Water retention indomethacin  
453-Which of the following induce diarrhea Indomethacin  
181- Thimerosal (mercury)containing vaccine may cause: autism

84-A summary of a case that a patient suffers from headache, nausea, vomiting and blurred vision... He went to a hospital with **alcohol toxicity** ((methanol toxicity)) and did kidney and liver analysis... His results and the normal.range of the tests have shown to you... All results about to be **normal**  
the question is ... What is your recommendation for methanol toxicity? lab results  
---- if the ques. asks for what you **observe** on this patient the answer is ... **Blurred vision**

#### Drug Interactions

- ✓ concomitant administration of H2 blockers may increase the dissolution rate of enteric-coated naproxen, causing the drug to be released in the stomach instead of the small intestine.
- ✓ i.e Interactions between omeprazole ↔ clopidogrel **GENERALLY AVOID**
- ✓ Food may decrease the rate but not the extent of oral absorption of aspirin.
- ✓ N.B: Aluminum, magnesium in anti-acid s and calcium in dairy products, all of these cations make a complex with fluoroquinolone and tetracycline antibiotics
- ✓ Furosemide is loop diuretic cause hypocalcemia and induce osteoporosis NOT osteoarthritis\*\*
- ✓

9-which drug will be more absorbed in presence of rantidine naproxen.  
391-which drug will be more absorbed in presence of ranitidine naproxen  
415- The concomitant administration of H2 blockers may increase the dissolution rate of enteric-coated naproxen

70-A 14 years-obese girl comes to the clinic with severe rash. She was initiated on oxcarbazepine about 3 weeks ago for management of partial seizures. Her medical history is significant only for seizures. She has recently become sexually active and admits to inconsistent contraceptive use.  
Which one of the following interventions is best for her? Change to Levetiracetam

624-A patient takes clopidogrel and omeprazole so should shift to? Pantoprazole  
125-what is cytochrome subtype responsible for drug interaction between omeprazol.and.clopidogrel CYP2C19  
548- drug-drug interaction with plavex.. omperazol.

26- The summary of a long case that there is a patient on clopidogrel (Plavix) treatment who make an accident. He is admitted to ICU and has a catheter. He was taking omeprazole, what is the best intervention for him to reduce gastric secretion: Move to Pantoprazole IV

68-drug need serum level monitoring with quinidine : digoxin  
465- Verapamil inhibit metabolism of Digoxin  
244- Phenytoin decreases the effect of digoxin because: liver microsomal enzyme inducer  
438-Drug interaction of heparin: Aspirin  
92-if aspirin taken with warfarin or heparin lead to bleeding  
520-which drug increase the action of warfarin :A/ carbimazole B/ oral contractive C/phenobaritone D/ none of

## the above

429-drug make complex with dairy product Ciprofloxacin

430- Drugs that make complex with antacids? (tetracyclines and fluoroquinolones)

431-Drug makes complex with antacid Doxycycline

224--drug interaction between furosemide and osteoporosis (cause hypocalcemia)

640-.drug interact with statin: Ketoconazole

386- Drug that increases paracetamol toxicity Alcohol ( ethanol )

188- when taking oral contraceptive with erythromycin : the erythromycin decrease contraceptive effect

366- Food increase effect of Propranolol

## Pregnancy categories

- ✓ Notes: Paracetamol (oral & rectal form) is category B and for (IV formulation) is category C in pregnancy
  - Nitrofurantoin is pregnancy category B. It is one of the few drugs commonly used in pregnancy to treat UTI & contraindicated only at term (during labor & delivery).
  - vancomycin is the last choice
  - Sulphamethoxazole & tetracycline cannot be used in pregnancy
- ✓ Acetaminophen is the drug of choice, Ergotamine is contraindicated in pregnancy category X
- ✓ Used with caution = generally safe in short term use with least possible effective dose
- ✓ -Ciprofloxacin and rituximab is category C
- ✓ -levothyroxine is class A
- ✓ - Levothyroxine is considered the treatment of choice for the control of hypothyroidism during pregnancy.
- ✓ - Due to alterations of endogenous maternal thyroid hormones, the levothyroxine dose may need to be increased during pregnancy and the dose usually needs to be decreased after delivery.

N.B: antibiotics which are allowed during pregnancy: 1-pencillins family 2-Macrolides 3- Cephalosporin

11- A pregnant woman in her third week she takes levothyroxine 100 mcg, you advise her Increase the dose of levothyroxine

87-paracetamol is category B for pregnancy

406-A pregnant woman in her 35 week has a headache she should take acetaminophen(= Paracetamol)

68- A pregnant woman in 35 weeks and before 7 days from her labor she suffers from severe headache... What is the **DOC** for her? Acetaminophen

80-A pregnant woman with pyelonephritis went to hospital given ceftriaxone IV what is antibiotic to go with - amoxicillin with clavulanic acid

407- Paracetamol category b in pregnancy means Used with caution

249-Pregnant woman has UTI (Urinary Tract Infection) which is the drug of choice to treat her UTI Nitrofurantoin • If there is no cefuroxime as an option ...choose nitrofurantoin in this case

100- A pregnant woman has sulfa allergy, she suffers from vaginal itching... her analysis shows positive E.coli what is the antibiotic of choice for her infection? Nitrofurantoin

692-Erythromycin is macrolide class act mainly gm +ve and is safe in pregnancy

82-hydralazine is category C pregnancy

463- Category X Studies in animals or humans have demonstrated fetal abnormalities and/or there is positive evidence of human fetal risk based on adverse reaction data from investigational or marketing experience, and the risks involved in use of the drug in pregnant women clearly outweigh potential benefits. Example drugs: atorvastatin, simvastatin, warfarin, methotrexate, finasteride

543-misoprostol is category X

705. Which is category X ? leflunomide

196-Captopril is contraindicated with :: Pregnancy

674-vitamine is contraindicated in pregnancy in highly doses vit. A

## Vitamins

### Doses

Vitamin D	Calcium	Folic acid
Geriatrics	Adult....1000mg	Male.....400mcg
<70years....600iu	Pregnant ....1200mg	Female...400- 800mcg
> 70years...800iu	Geriatric ....1200mg	Pregnant....600mcg
Pregnant...600iu		
Adult...600iu		

-dose of folic acid in non pregnant woman is 400 mcg/day, pregnant 600 mcg/day, Lactating 500 mcg/day

8-- The dose of folic acid in non pregnant woman is 400 mcg/day

509- Dose of calcium for woman 65year 1200mg

552- daily dose of iron in iron deficiency anemia is 100 mg 3 times/day

115-daily dose in case of iron deficiency anemia 325mg tid (or 1200)

Dose in iron deficiency anaemia is:- 325 mg bid

If in the question elemental iron: the recommended oral daily dose for the treatment of iron deficiency in adults is in the range of 150 to 200mg/day of elemental iron "50-65 mg 3 times per day".

If in the question (ferrous sulfate): it is in the range of (1000 -1200mg/day) of ferrous sulfate in 3 or 4 divided doses, 1000mg divided in 3 doses and 1200mg divided in 4 doses

17-recommended vit d3 dose for geriatric 600 iu

146- Daily recommended dose for vit. C in male :-: 90mg/day(female the answer is 75mg \ day)

192- vit c for female: 75mg

341-DAILY intake of vitamin A for adult female is : 700 mcg

---Male 1000, Adult female 800, pregnant 900, breastfeed 1200-1300

### Uses and others

Note : ferrous gluconate taken orally, iron sucrose .. injection

Iron deficiency anemia ... lack of iron

Megaloblastic anemia ... lack of vit b12 & folic acid Pernicious anemia ... lack of vit b12

Anemia due to CRF ... lack of RBCs and treated by Epoetin

Aplastic anemia .. the body's bone marrow doesn't make enough new blood cells Haemolytic anemia ... red blood cells are destroyed and removed from the bloodstream before their normal lifespan is up

477-vitamin d for patients with renal failure: 1,25-dihydroxycholecalciferol( Calcitriol)

527- What is the vitamin needed with treatment by corticosteroids for 2 years for chronic disease?? Vitamin d with ca.

71- ascorbic acid is : vitamin c

72- B-carotene is precursor of vitamin A(retinol)

484- MOA of beta-carotene Precursor for vit A (retinol) Antioxidant

384-Anemic patient refuses to take injection so DOC: Ferrous gluconate

585- A patient with iron deficiency anemia refused to take any parenteral drugs ferrous gluconate

503-Iron deficiency anemia treated with..... >> iron

---Pernicious anemia treated with vit b12

304-Which of the following is found in vitamin b12? Cobalt

400- Megaloblastic anemia folic acid /cyanocoblamín.....i.e (vitb9+vitb12) N.B: Pernicious anemia. Deficiency of vit b12 ..Only

Megaloblastic anemia treated with >> folic acid and vit b12

462-which of the following prevents Neural tube defects ( birth defects) Folic acid (vit. B9)

641-. vitamins prevent fetus abnormalities .vit b9 N.B. vitb9 ( folic acid )

---Anemia of chronic renal failure treated with epoetin ..but if there is iron deficiency it will be treated with derbepoetin

622- A patient has megaloblastic anemia should receive? B12 cobalt and b9 folic acid

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