

Vitamin D	Calcium	Folic acid
Geriatrics	Adult.....1000mg	Male.....400mcg
<70years...600iu	Pregnant1200mg	Female...400- 800mcg
> 70years...800iu	Geriatric1200mg	Pregnant.....600mcg
Pregnant....600iu		
Adult...600iu		

-dose of folic acid in non pregnant woman is 400 mcg/day, pregnant 600 mcg/day, Lactating 500 mcg/day

8- The dose of folic acid in non pregnant woman is 400 mcg/day

509- Dose of calcium for woman 65year 1200mg

552- daily dose of iron in iron deficiency anemia is 100 mg 3 times/day

115-daily dose in case of iron deficiency anemia 325mg tid (or 1200)

Dose in iron deficiency anaemia is:- 325 mg bid

If in the question elemental iron: the recommended oral daily dose for the treatment of iron deficiency in adults is in the range of 150 to 200mg/day of elemental iron "50-65 mg 3 times per day".

If in the question (ferrous sulfate): it is in the range of (1000 -1200mg/day) of ferrous sulfate in 3 or 4 divided doses, 1000mg divided in 3 doses and 1200mg divided in 4 doses

17-recommended vit d3 dose for geriatric 600 iu

146- Daily recommended dose for vit. C in male :-: 90mg/day(female the answer is 75mg \ day)

192- vit c for female: 75mg

341-DAILY intake of vitamin A for adult female is : 700 mcg

---Male 1000, Adult female 800, pregnant 900, breastfeed 1200-1300

Uses and others

Note : ferrous gluconate taken orally, iron sucrose .. injection

Iron deficiency anemia ... lack of iron

Megaloblastic anemia ... lack of vit b12 & folic acid Pernicious anemia ... lack of vit b12

Anemia due to CRF ... lack of RBCs and treated by Epoetin

Aplastic anemia .. the body's bone marrow doesn't make enough new blood cells Haemolytic anemia ... red blood cells are destroyed and removed from the bloodstream before their normal lifespan is up

477-vitamin d for patients with renal failure: 1,25-dihydroxycholecalciferol(Calcitriol)

527- What is the vitamin needed with treatment by corticosteroids for 2 years for chronic disease?? Vitamin d with ca.

71- ascorbic acid is : vitamin c

72- B-carotene is precursor of vitamin A (retinol)

484- MOA of beta-carotene Precursor for vit A (retinol) Antioxidant

384-Anemic patient refuses to take injection so DOC: Ferrous gluconate

585- A patient with iron deficiency anemia refused to take any parenteral drugs ferrous gluconate

503-Iron deficiency anemia treated with..... > iron

---Pernicious anemia treated with vit b12

304-Which of the following is found in vitamin b12? Cobalt

400- Megaloblastic anemia folic acid /cyanocobalamin.....i.e (vitb9+vitb12) N.B: Pernicious anemia
Deficiency of vit b12 ..Only

Megaloblastic anemia treated with > folic acid and vit b12

462-which of the following prevents Neural tube defects (birth defects) Folic acid (vit. B9)

641-. vitamins prevent fetus abnormalities .vit b9 N.B. vitb9 (folic acid)

----Anemia of chronic renal failure treated with epoetin ..but if there is iron deficiency it will be treated with derbepoetin

622- A patient has megaloblastic anemia should receive? B12 cobalt and b9 folic acid

vit deficiency cause stomatitis

Answer

vitamin B2 (RIBOFLAVIN), B6, B3 (NIACIN), IRON, B9(FOLIC ACID), B12 (COBALAMINE)

child swallo 100 tab multy vitamin best ttt

Answer

hydration, O2 & ABCs monitoring

What is antidote for Warfarin ?

Answer

Vitamin K

What is vitamin contraindication pregnant high dose?

Answer

VITAMIN A Starting From 15,000 IU

Patient Has Increased Liver Function Due To Any Vitamin?
in Patients With Liver Failure, The Levels Of 25-OH Vitamin D Can Be Low Due To Impaired Synthesis

What Is Vitamin Affect Lipid Absorption ?
A , D, E, K (Fat soluble)

INHIBIT THE EFFECT OF WARFARIN

Vitamin E

most important vitamin in case of pregnancy: **folic acid**

patient take warfarin advise him to take consistent green vegetable
vitamin k عشان

drug decrease warfarin action :
multivitamins

most common dispensed in otc: Multi Vitamins

Vitamin B6 (Pyridoxal phosphate) which is often stacked with L-Dopa supplements for increased conversion efficiency

Vitamin A daily dose for therapy:

100 000 - 200 000 IU

Vitamin A daily dose correction of deficiency :

50 000 IU

What is the function of vitamin K:

Synthesis of coagulation factor by hepatic cell

Lipid soluble vitamin :

Vitamin A,D,E,K

Vitamin K :

Increase formation of clotting factor

The heme portion of haemoglobin contain:

Iron

isoniazide is primary anti TB infection require supplement :

Require vitamin B6

vitamin C enhance the activity of drugs used to treat

: H.pylori

Vitamin B12 is used in treat
:Prenicious anemia

Water soluble vitamins include: B & C

What is the recommended dose foe vitamin A deficiency?
50000 IU

Agents used in anemias :Vitamine B12

Megaloblastic anemia due to deficiency of :
Vitamin B12

Vitamin B12 deficiency due to lack of gastric intrinsic factor result in: pernicious anemia

Levodopa is metabolized to dopamine by dopa decarboxylase both centrally and peripherally.
The is metabolism could be a potential complication for this patient because of:
concomitant vitamin B complex therapy.(vit B6)

Which vitamin or other agent is oft en given along with a calcium supplement to aid in its
absorption?vitamin D

Which vitamin below must be given in suffi cient quantities during pregnancy to prevent neural
tube defects in the baby?
folic acid

Which sign or symptom refl ects a vitamin K defi ciency? bleeding

Which of the following Vitamins is essential in the formation of prothrombin :Vitamin K

1-Isotretinoin (Accutane) is a
vitamin A

2-Beta carotene is also known as
provitamin A. It is a precursor that
is converted to
vitamin A in the body.

3-vitamin C and vitamin E both
possesses antioxidant properties

4-Vitamin D2 prevents
or treats rickets and is
used in the management
of hypoparathyroidism and
hypocalcemia.

5-Vitamin K is not included in TPN
solutions

6-A deficiency or impaired utilization of vitamin B12 and especially of folic acid may result in megaloblastic anemia

7-liver contain :vitaminB12

8-Deficiencies in thiamine(vitamin B1)may result in Wernicke's syndrome or Korsakoff's syndrome characterized by peripheral neuropathy and confusion.

9-if you measure INR and it was 12 after you give 10 mg vitamin k:
Repeat inr after 2 hours

10-what is the essential vitamin should be in maternal vitamin?
folic acid

11-Role of vitamin C in treating cold? Decrease the duration of cold

Collected By Naif Kadomi